

1. An oncology nurse with 15 years of experience, certification in the area of oncology nursing, and a master's degree is considered to be an expert in her area of practice. She works on an oncology unit in a large teaching hospital. Based upon this description, which of the following career roles **best** describes this nurse's role, taking into account her qualifications and experience?
 - A) Clinical nurse specialist
 - B) Nurse entrepreneur
 - C) Nurse practitioner
 - D) Nurse educator

2. What guidelines do nurses follow to identify the client's health care needs and strengths, to establish and carry out a plan of care to meet those needs, and to evaluate the effectiveness of the plan to meet established outcomes?
 - A) Nursing process
 - B) ANA Standards of Professional Performance
 - C) Evidence-based practice guidelines
 - D) Nurse Practice Acts

3. Which organization is the **best** source of information when a nurse wishes to determine whether an action is within the scope of nursing practice?
 - A) American Nurses Association (ANA)
 - B) American Association of Colleges in Nursing (AACN)
 - C) National League for Nursing (NLN)
 - D) International Council of Nurses (ICN)

4. Which set of terms **best** describes nursing at the end of the Middle Ages?
 - A) continuity, caring, critical thinking
 - B) purpose, direction, leadership
 - C) assessment, interventions, outcomes
 - D) advocacy, research, education

5. Who is considered to be the founder of professional nursing?
 - A) Dorothea Dix
 - B) Lillian Wald
 - C) Florence Nightingale
 - D) Clara Barton

6. Which of the following nursing pioneers established the Red Cross in the United States in 1882?
- A) Florence Nightingale
 - B) Clara Barton
 - C) Dorothea Dix
 - D) Jane Addams
7. Teaching a woman about breast self-examination is an example of what broad aim of nursing?
- A) Treating illness
 - B) Preventing illness
 - C) Restoring health
 - D) Facilitating coping
8. A nurse practitioner is caring for a couple who are the parents of an infant diagnosed with Down syndrome. The nurse makes referrals for a parent support group for the family. This is an example of which nursing role?
- A) Teacher/Educator
 - B) Leader
 - C) Counselor
 - D) Collaborator
9. A nurse is providing nursing care in a neighborhood clinic to single, pregnant teens. Which action is the **best** example of using the counselor role as a nurse?
- A) discussing the legal aspects of adoption for teens wishing to place their infants with a family
 - B) searching the Internet for information on child care for the teens who wish to return to school
 - C) conducting a client interview and documenting the information on the client's chart
 - D) referring a teen who admits having suicidal thoughts to a mental health care specialist
10. A nurse instructor explains the concept of health to the students. Which statement accurately describes this state of being?
- A) Health is a state of optimal functioning.
 - B) Health is an absence of illness.
 - C) Health is always an objective state.
 - D) Health is not determined by the client.

11. Which of the following is a criteria that defines nursing as profession?
- A) an undefined body of knowledge
 - B) a dependence on the medical profession
 - C) an ability to diagnose medical problems
 - D) a strong service orientation
12. What is the primary purpose of standards of nursing practice?
- A) to provide a method by which nurses perform skills safely
 - B) to ensure knowledgeable, safe, comprehensive nursing care
 - C) to establish nursing as a profession and a discipline
 - D) to enable nurses to have a voice in health care policy
13. After graduation from an accredited program in nursing and successfully passing the NCLEX, what gives the nurse a legal right to practice?
- A) Enrolling in an advanced degree program
 - B) Filing NCLEX results in the county of residence
 - C) Being licensed by the State Board of Nursing
 - D) Having a signed letter confirming graduation
14. A health care facility determined that a nurse employed on a medical unit was documenting care that was not being given, and subsequently reported the action to the State Board of Nursing. How might this affect the nurse's license to practice nursing?
- A) It will have no effect on the ability to practice nursing.
 - B) The nurse can practice nursing at a less-skilled level.
 - C) The nurse's license may be revoked or suspended.
 - D) The nurse's license will permanently carry a felony conviction.
15. A nurse is caring for a client who is a chronic alcoholic. The nurse educates the client about the harmful effects of alcohol and educates the family on how to cope with the client and his alcohol addiction. Which type of skill is the nurse using?
- A) Caring
 - B) Comforting
 - C) Counseling
 - D) Assessment

16. A nurse is caring for a client with quadriplegia who is fully conscious and able to communicate. What skills of the nurse would be the **most** important for this client?
- A) Comforting
 - B) Assessment
 - C) Counseling
 - D) Caring
17. A nurse is assigned the care of a client who has been admitted to the health care facility with high fever. Which nursing skill should be put into practice at the first contact with the client?
- A) Assessment
 - B) Caring
 - C) Comforting
 - D) Counseling
18. A nurse is caring for a client with a hernia. Which statement should the nurse use while counseling the client about his condition?
- A) "Open hernioplasty is the best surgery for you."
 - B) "Open and laparoscopic hernioplasty are available."
 - C) "You are not a suitable candidate for hernioplasty."
 - D) "I had a bad experience when I underwent hernioplasty."
19. A registered nurse assigns the task of tracheostomy suctioning of a client to the LPN. The LPN informs the nurse that she has never performed the procedure practically on a client. What should be the **most** appropriate response from the registered nurse?
- A) "You are through with your theory class, so you should know."
 - B) "Take the help of a nurse who knows to perform the procedure."
 - C) "Follow the procedure manual and act accordingly."
 - D) "I will help you in performing the procedure on the client."
20. A nurse at a health care facility provides information, assistance, and encouragement to clients during the various phases of nursing care. In which activity does the nurse use counseling skills?
- A) educating a group of young girls about AIDS
 - B) telling a client to localize the pain in his abdomen
 - C) encouraging a client to walk without support
 - D) assisting a lactating mother in feeding her child

21. A student wants to join a nursing program that provides flexibility in working at both staff and managerial positions. Which nursing program should the nurse suggest for this student?
- A) Hospital-based diplomas
 - B) Baccalaureate nursing programs
 - C) Associate degree programs
 - D) Continuing nursing programs
22. A registered nurse adheres to the American Nurses Association's standard of professional performance by engaging in:
- A) assessment.
 - B) diagnosis.
 - C) evaluation.
 - D) collaboration.
23. During the clinical rotation, a nurse documents the vital signs of a client on the bedside chart. What role is the nurse playing in such a situation?
- A) Decision-maker
 - B) Communicator
 - C) Coordinator
 - D) Client advocate
24. The Nurse Corps of the United States Army was established by whom?
- A) Dorothea Dix
 - B) Lillian Wald
 - C) Florence Nightingale
 - D) Isabel Hampton Robb
25. The director of nursing (DON) of a major hospital is seeking to hire a nurse with a strong technical background to care for clients on a busy surgical unit. The DON is **most** likely going to hire a nurse prepared at which level of nursing?
- A) Doctoral level
 - B) Master's level
 - C) Baccalaureate level
 - D) Associate level

26. A student is choosing her educational path and desires a nursing degree with a track that contains community nursing and leadership, as well as liberal arts. The student would best be suited in which type of program?
- A) Licensed practical nursing program
 - B) Certification in a nursing specialty
 - C) Diploma nursing program
 - D) Baccalaureate program
27. A nurse is caring for a young victim of a terrorist attack. During the rehabilitative process, the nurse assists the client in bathing and dressing. What role is the nurse engaged in?
- A) Advocate
 - B) Caregiver
 - C) Counselor
 - D) Educator
28. A nurse receives an x-ray report on a newly admitted client suspected of having a fractured tibia. The nurse contacts the physician to report the findings. What role is the nurse engaged in?
- A) Communicator
 - B) Advocate
 - C) Caregiver
 - D) Researcher
29. The client's plan of care is created by the nurse using which guideline for nursing practice?
- A) Nursing process
 - B) Nursing's Social Policy Statement
 - C) Nurse practice act
 - D) ANA Standards of Nursing Practice
30. Organize these events in chronological order, beginning with the earliest (1) and ending with the most recent (5).
- A. During the Crusades, religious orders provided nursing care to the sick.
 - B. Florence Nightingale administered care to British soldiers during the Crimean War.
 - C. Mary Elizabeth Mahoney graduated from the New England Hospital for Women and Children as America's first African American nurse.
 - D. Clara Barton organized the American Red Cross.
 - E. Margaret Sanger advocated for contraception and family planning in the United States.

31. The nurse is administering immunizations to a group of teens in a county health clinic. The nurse correctly identifies this action as:
- A) illness prevention.
 - B) restorative care.
 - C) treatment of disease.
 - D) supportive nursing care.
32. Which nursing role is the nurse exhibiting when collecting data about the number of urinary tract infections on the nursing unit?
- A) Advocate
 - B) Leader
 - C) Counselor
 - D) Researcher
33. A client reports to the emergency department with ankle pain from a minor road accident. The nurse asks the client to fully describe the circumstances of the accident. Which ANA standard of nursing practice is best demonstrated by the nurse's action?
- A) Assessment
 - B) Diagnosis
 - C) Ethics
 - D) Caring
34. What are the values of the caring, professional nurse identified by the American Association of Colleges of Nursing (AACN)? Select all that apply.
- A) Sympathy
 - B) Integrity
 - C) Human dignity
 - D) Self-sacrifice
 - E) Autonomy
35. What are healthy self-care practices that the nurse can utilize for herself? Select all that apply.
- A) Take a sleeping pill nightly to obtain at least 6 hours of sleep.
 - B) Engage in an activity, such as painting, that she enjoys.
 - C) Practice meditation for 5 minutes on a regular basis.
 - D) Attend a continuing education class on assertiveness.
 - E) Schedule adequate time for hygiene and eating before attendance at work.

36. Which client is an example of "medically homeless"?
- A) The client who sees a family medical doctor as well as an oncologist and a neurologist
 - B) The client who visits the public health department
 - C) The client who goes to the emergency department for minor issues
 - D) The client who sees the nurse practitioner in a nearby clinic
37. What are common elements in a state's nurse practice act? Select all that apply.
- A) Definition of legal scope of nursing practice
 - B) Skills allowed for the Certified Nursing Assistant
 - C) Creation of a state board of nursing
 - D) Criteria for the education of a Licensed Practical Nurse
 - E) Requirements for the licensure of the Registered Nurse
38. The client is admitted to the hospital. The nurse is using the nursing process to plan care for this client. Place in order the steps of the nursing process that the nurse would use for this client? Use all options.
- A. The nurse assesses the client is short of breath, coughing, and expectorating thick, yellow sputum.
 - B. The nurse analyzes the data and determines the client is experiencing an oxygenation problem.
 - C. The nurse plans to teach the client about deep breathing, coughing sputum into a tissue, and disposing of the tissue in an appropriate receptacle.
 - D. The nurse administers an intravenous antibiotic every 12 hours.
 - E. The nurse evaluates lung sounds and vital signs for effectiveness of treatment.
39. What is a critical challenge to nursing practice in the 21st century as identified by the National Advisory Council on Nurse Education and Practice (NACNEP)?
- A) Hospitalized clients who will be more chronically ill
 - B) Rapid advances in technology
 - C) An increase in the number of middle-aged clients who will be hospitalized
 - D) Health care costs that will initially stabilize

40. Which of the following are examples of the Institute of Medicine's (IOM) recommendations for transforming the nursing profession? Select all that apply.
- A) The nurse is a graduate with an associate degree and enrolls in a program to obtain a bachelor's degree in nursing without taking any additional courses.
 - B) The nurse participates in a state-wide committee with other health professionals and legislators to address human trafficking.
 - C) The nurse notes an increase in hospitalized clients who have heart failure and implements a research study addressing this issue.
 - D) The nurse practitioner has been practicing in one state and is moving to another state that has a scope-of-practice that is more limiting.
 - E) The chief nursing officer at the hospital is a nonvoting board member.

Answer Key

1. A
2. A
3. A
4. B
5. C
6. B
7. B
8. C
9. D
10. A
11. D
12. B
13. C
14. C
15. C
16. D
17. A
18. B
19. D
20. A
21. B
22. D
23. B
24. A
25. D
26. D
27. B
28. A
29. A
30. A, B, C, D, E
31. A
32. D
33. A
34. B, C, E
35. B, C, D, E
36. C
37. A, C, D, E
38. A, B, C, D, E
39. B
40. A, B, C