

1. A student nurse is reviewing the history of nursing in Canada and the motivations of early nurses. Early Canadian nurses were most often affiliated with which of the following?
 - A) Medical practitioners
 - B) Political alliances
 - C) Religious orders
 - D) Nongovernmental organizations

2. A group of nursing students are relating the contributions of Florence Nightingale to current nursing practice. Which of the following statements best describes one of Nightingale's contributions to the nursing profession?
 - A) "Nursing has always given women a venue in which to exercise independent, critical thinking."
 - B) "Surveys consistently show that nursing is seen as a respectable profession."
 - C) "Nursing in Canada has roots in the Christian faith, but Nightingale was instrumental in distancing the profession from religion."
 - D) "Nursing is on an equal footing with the medical profession."

3. Which of the following statements most accurately describes an aspect of men in nursing during the early and mid-20th century?
 - A) Men were barred from applying to most Canadian nursing schools.
 - B) Male nurses were explicitly subservient to female nurses.
 - C) Men predominated in management and administrative nursing roles.
 - D) Males were expected to have education in medicine before entering the nursing profession.

4. Societal factors brought about changes in the identity of nurses and of nursing practice in the mid- to late 20th century. What factor had the most significant effect on nursing practice during this period in the profession's history?
 - A) Economic challenges brought about by the end of World War II
 - B) Changes in the image of women in Canadian society
 - C) The gradual reduction of the Roman Catholic Church's influence
 - D) Growing social acceptance of homosexuality and homosexuals

5. Canadian nurses contributed significantly to developing the concept of determinants of health in the late 20th century. Which of the following statements best captures this conceptualization of health?
 - A) Health is determined primarily by behaviours and choices rather than genetics.
 - B) Health is inherent to each individual and is not influenced by external factors.
 - C) Health is the result of a variety of factors in numerous different domains.
 - D) Health is determined mainly by an individual's lifestyle.

6. The future of nursing is being changed by factors in demographics, economics, science and technology, family structures, and social and cultural issues. Which of the following are factors that are currently affecting nursing? Select all that apply.
- A) The incidence and prevalence of heart disease and diabetes are increasing.
 - B) Increasing numbers of Canadians are affected by mental illness.
 - C) The gap between rich and poor Canadians is increasing.
 - D) The proportion of younger Canadians is overtaking that of older Canadians.
 - E) Acute diseases are overtaking chronic diseases in prevalence.
7. A newly graduated nurse has identified a learning goal of becoming more skilled at providing cultural safety when providing care. How can the nurse best achieve this goal?
- A) By collaborating with nurses from different cultures
 - B) By expanding language and communication skills
 - C) By identifying the weaknesses of the nurse's own culture
 - D) By acknowledging and addressing power imbalances
8. The nursing profession is responding to changing patterns of disease. Which of the following scenarios best exemplifies these changes?
- A) A traveler brings a new strain of an infectious disease to Canada.
 - B) A client develops an opportunistic infection following elective surgery.
 - C) An infant fails to inherit antibodies from her mother after birth.
 - D) A student is infected by a classmate who has not been immunized.
9. Recent Canadian statistics show there has been a decline in the number of registered nursing graduates. This decline is expected to be remediated with which shift in the health care landscape?
- A) An increase in licensed practice nurses in health care settings
 - B) Increasing the number of postsecondary nursing education seats
 - C) Removing registered psychiatric nurses from the skill mix
 - D) Increasing the amount of overtime hours available to registered nurses
10. A nursing student has identified the goal of acquiring more sophisticated nursing knowledge that is grounded in the art and science of the profession. How can the nurse best facilitate this goal?
- A) By seeking frequent feedback from clients and their families
 - B) By regularly reviewing course content from nursing school
 - C) By engaging in frequent and thoughtful self-reflection
 - D) By seeking employment in various care settings

11. A nurse has been providing care for a client for a series of shifts but has just recently had an experience rooted in the aesthetics of nursing. This experience most likely consisted of what?
- A) A sudden awareness of the essential meaning of an interaction with the client
 - B) An appreciation of the client's psychosocial status based on a new disclosure from the client
 - C) An identification of the client's pathophysiology based on new assessment data
 - D) An awareness of the correct course of action to take when giving the client care
12. A nurse is providing care for a client whose most recent computed tomography (CT) scan reveals a tumor. The client's children are adamant that the client not be made aware of any negative diagnostic findings. On which of the fundamental ways of knowing will the nurse most need to draw?
- A) Empirical
 - B) Personal
 - C) Ethical
 - D) Aesthetic
13. A client has disclosed significant and personal details about her family life to the nurse while the nurse provided the client's morning hygiene. What components of the nurse–client relationship are evidenced in this scenario? Select all that apply.
- A) Trust
 - B) Respect
 - C) Empathy
 - D) Power
 - E) Professional intimacy
14. A nurse is caring for a client who has recently suffered a prenatal loss. How can the nurse best demonstrate empathy in the nurse–client relationship?
- A) The nurse tries to relate to the client's experience by comparing it with her own experiences.
 - B) The nurse seeks an understanding of the client's situation through genuine listening.
 - C) The nurse reassures the client that she fully understands the challenges that the client is facing.
 - D) The nurse describes a similar situation that was faced by a previous client.

15. A nurse has identified a need to enhance his empirical knowledge. What action will best help the nurse achieve this goal?
- A) Asking a colleague to hold him accountable for his learning
 - B) Journaling about his thoughts and feelings after a challenging clinical situation
 - C) Asking a recent client to describe his experiences in the health care system
 - D) Attending an in-service on new developments in the treatment of renal failure

Answer Key

1. C
2. B
3. A
4. B
5. C
6. A, B, C
7. D
8. A
9. A
10. C
11. A
12. C
13. A, D, E
14. B
15. D