

1. The nurse is caring for a postoperative client in contact isolation. Which actions should the nurse employ to reduce the spread of disease? Select all that apply.
 - A) Wash hands after removing gloves before leaving the client's room.
 - B) Wear clean gloves when performing a sterile dressing change.
 - C) Place used syringes and uncapped needles in a puncture-resistant container after use.
 - D) Instruct the client to ambulate in the hall several times a day.
 - E) Use sealed items from the client's room when caring for other clients.

2. A nurse has implemented numerous practices with the goal of reducing the number and transfer of pathogens. Which actions are consistent with this goal? Select all that apply.
 - A) Carry soiled items close to the body to prevent transfer of pathogens into the environment.
 - B) Place soiled bed linen or any other items on the floor, instead of on the bed or furniture.
 - C) Move equipment close to you when brushing, dusting, or scrubbing articles.
 - D) Clean the least soiled areas first and then move to the more soiled ones.
 - E) Use personal grooming habits, such as shampooing hair often, to prevent spreading microorganisms.
 - F) Shake out linens and client clothing before placing them back on the bed.

3. An experienced nurse is teaching a student nurse about the proper use of hand hygiene. Which guideline should the nurse provide to the student?
 - A) The use of gloves eliminates the need for hand hygiene.
 - B) The use of hand hygiene eliminates the need for gloves.
 - C) Hand hygiene is needed after contact with objects near the client.
 - D) Hand lotions should not be used after hand hygiene.

4. In which situation is an alcohol-based rub an inappropriate option for hand hygiene?
 - A) When the nurse's hands are visibly soiled
 - B) When the nurse anticipates contact with the client's skin
 - C) When the nurse leaves the room of an immunocompromised client
 - D) When the nurse is caring for a client with an active infection

5. A nurse has been exposed to urine while changing the linens of a client's bed. Which guideline is followed for performing hand hygiene after this client encounter?
- A) Use an alcohol-based handrub to decontaminate the hands.
 - B) Remove all jewelry, including wedding bands, before handwashing.
 - C) Keep hands lower than elbows to allow water to flow toward fingertips.
 - D) Pat dry with a paper towel, beginning with the forearms and moving down to fingertips.
6. A nurse is implementing the principles of surgical asepsis while inserting a client's indwelling urinary catheter. Which action should the nurse perform?
- A) Hold sterile objects above waist level to prevent accidental contamination.
 - B) Consider the outside of the sterile package to be partially sterile.
 - C) Consider the outer 3-in edge of a sterile field to be contaminated.
 - D) Open sterile packages so that the first edge of the wrapper is directed toward you.
7. The nurse is performing a sterile change of a client's central line catheter dressing. The client receives a telephone call and stretches the phone cord across the open sterile dressing kit. What is the next **best** action the nurse should take?
- A) Determine what item was touched and replace it.
 - B) Collect another sterile central line dressing kit.
 - C) Remove the old central line dressing.
 - D) Place surgical masks on the nurse and the client.
8. A nurse is adding a sterile solution to a sterile field and has just opened the bottle according to manufacturer's directions. What is the **next** step?
- A) Touch the tip of the bottle to the sterile container to start the flow of the solution and pour it into the container directly from the top of the container edge.
 - B) Hold the bottle outside the edge of the sterile field with the label side facing the palm of the hand and prepare to pour from a height of 4 to 6 in.
 - C) "Lip" a new or old bottle of solution before pouring it and hold the solution with the label facing out from a height of 4 to 6 in.
 - D) Hold the bottle inside the 1-in edges of the sterile field with the label side facing the palm of the hand and pour from a height of 2 to 4 in.

9. In which order should the following steps for putting the first hand into a sterile glove be performed?
1. Carefully open the inner package. Fold open the top flap, then the bottom and sides.
 2. Place the inner package on the work surface with the side labeled “cuff end” closest to the body.
 3. With the thumb and forefinger of the nondominant hand, grasp the folded cuff of the glove for the dominant hand, touching only the exposed inside of the glove.
 4. Keeping the hands above the waistline, lift and hold the glove up and off the inner package with fingers down.
 5. Place the sterile glove package on a clean, dry surface at or above your waist.
 6. Carefully insert dominant hand palm up into the glove and pull it on.
 7. Open the outside wrapper by carefully peeling the top layer back and remove inner package, handling only the outside of it.
- A) 5, 2, 7, 1, 3, 4, 6
B) 5, 7, 2, 1, 3, 4, 6
C) 5, 1, 2, 7, 3, 4, 6
D) 5, 3, 4, 7, 2, 1, 6

10. The nurse is providing care for a client whose diagnosis requires the nurse to use PPE. In which order should the nurse's actions be performed?
1. Put on goggles and place over eyes and adjust to fit.
 2. Put on the mask or respirator over your nose, mouth, and chin.
 3. Put on the gown, with the opening in the back. Tie gown securely at neck and waist.
 4. Perform hand hygiene.
 5. Put on clean, disposable gloves and extend gloves to cover the cuffs of the gown.
 6. Provide instruction about precautions to client, family members, and visitors.
- A) 6, 4, 5, 3, 2, 1
B) 4, 3, 2, 1, 5, 6
C) 4, 6, 3, 2, 1, 5
D) 6, 4, 3, 5, 1, 2

11. A nurse's gloves became soiled while providing morning care for a client. Which action **best** demonstrates that the nurse applied principles of infection control?
- A) Use the nondominant hand to grasp the opposite glove near the cuffed end on the outside exposed area.
 - B) Remove the glove on the nondominant hand by pulling it straight off, keeping the contaminated area on the outside.
 - C) After removing the glove on the nondominant hand, hold the removed glove in the remaining gloved hand.
 - D) After removing the first glove, slide the fingers of the ungloved hand between the remaining glove and the wrist and pull the glove straight off with the contaminated area on the outside.
12. A nurse has finished giving care to a client who has a communicable respiratory infection. In which order should the personal protective equipment (PPE) be removed?
- 1. Gloves
 - 2. Respirator
 - 3. Gown
 - 4. Goggles
- A) 1, 4, 3, 2
 - B) 4, 2, 3, 1
 - C) 1, 2, 4, 3
 - D) 4, 2, 1, 3
13. A nurse is inserting a client's urinary catheter and notices a hole in one of the sterile gloves and that his hands are soiled. What would be the **most** appropriate action to take in order to maintain a sterile field?
- A) Finish the procedure and perform handwashing immediately afterward.
 - B) Finish the procedure, remove damaged glove, and open new sterile gloves.
 - C) Stop the procedure, remove damaged glove, and open new sterile gloves.
 - D) Stop the procedure, remove damaged glove, perform handwashing, and open new sterile gloves.
14. For which client would the use of Standard Precautions alone be appropriate?
- A) A client with diphtheria who needs assistance with hygiene
 - B) A client with tuberculosis who needs medications administered
 - C) An incontinent client in a nursing home who has diarrhea
 - D) A child with chicken pox who is treated in the ER

15. A nurse is in charge of client care for a client who has an infection caused by a multidrug resistant microorganism. The nurse should intervene when the unlicensed assistive personnel (UAP) performed which action?
- A) Placed dirty linens into the linen receptacle
 - B) Obtained blood pressure on a portable vital sign machine
 - C) Removed the lunch tray after recording the intake
 - D) Wore gloves when providing the bath
16. A nurse is caring for a child who is hospitalized for diphtheria. Which guideline would be appropriate when caring for this client?
- A) Use a private room with the door closed at all times.
 - B) Wear personal protective equipment (PPE) when entering the room for all interactions that may involve contact with the client.
 - C) Place client in a private room that has monitored negative air pressure.
 - D) Ensure that hard surfaces in the room are disinfected at least once per day.
17. The nurse is caring for a client admitted with rubella. The prescriber ordered a chest x-ray. What is the nurse's **best** action?
- A) Place a surgical mask on the client and send the client to radiology.
 - B) Modify the order to a portable chest x-ray so the client stays in the room.
 - C) Place a respirator on the client and send the client to radiology.
 - D) Call the prescriber and ask if the procedure is essential or can wait.
18. A nurse is applying the principles of Standard Precautions on a hospital unit. In which instances should the nurse perform hand hygiene? Select all that apply.
- A) Before touching a surface in a common area
 - B) Immediately after touching a client
 - C) Before performing a clean procedure
 - D) Between each phase of a client's assessment
 - E) After touching a client's surroundings
19. A client has tested positive for colonization with a multidrug-resistant organism (MDRO) and has been placed on Contact Precautions. Which actions should be included in this client's care? Select all that apply.
- A) Ensure that all care providers have current immunizations against the microorganism.
 - B) Appoint one specific nurse to provide all of the client's care for the duration of a shift.
 - C) Arrange for the client to be housed in a single room.
 - D) Use appropriate PPE.
 - E) Change the client's linens and gown at least twice daily.

20. A nurse has put on personal protective equipment (PPE) to perform the dressing change of a client's surgical wound. While the nurse is cleansing the incision, the client begins bleeding and blood hits the nurse's wrist, running down under the cuff of her glove. What is the nurse's **best** action?
- A) Perform thorough hand hygiene immediately after completing the dressing change.
 - B) Rinse the infected hand with hydrogen peroxide after applying a sterile bandage to the client's wound.
 - C) Interrupt the dressing change to perform thorough handwashing, and document the exposure according to protocol.
 - D) Remove the contaminated gloves and apply a clean pair of gloves.
21. A nurse is inserting a male client's indwelling urinary catheter. After preparing the sterile field and cleansing the client's meatus, the nurse realizes that he has brought the wrong-sized catheter to the bedside. What is the nurse's **best** action?
- A) Place a sterile drape over the client's penis, obtain the right catheter, and proceed with insertion.
 - B) Teach the client the importance of not touching his penis or the sterile field and obtain the correct catheter.
 - C) Dismantle the sterile field, obtain a new dressing tray and the correct catheter, and then begin the procedure from the beginning.
 - D) Illuminate the client's call light and have a colleague bring the correct catheter to the bedside.
22. A nurse is applying the principles of Standard and Contact Precautions in the care of a hospital client. What action violates these principles?
- A) The nurse performs hand hygiene after touching the client's surroundings.
 - B) The nurse removes her gown and then removes her gloves.
 - C) The nurse performs hand hygiene before putting on gloves.
 - D) The nurse applies nonmedicated hand cream after performing hand hygiene.
23. A nurse has finished providing care for a client who is on Contact Precautions. When removing the protective gown, the nurse should do which action?
- A) Avoid touching the outer surfaces of the gown.
 - B) Remove the gown before removing gloves.
 - C) Remove the gown immediately after exiting the room.
 - D) Perform hand hygiene before removing the gown.

Answer Key

1. A, C
2. D, E
3. C
4. A
5. C
6. A
7. B
8. B
9. B
10. C
11. C
12. A
13. D
14. C
15. B
16. B
17. B
18. B, C, E
19. C, D
20. C
21. D
22. B
23. A