

1. Which component of transcultural nursing has been greatly supported through the research conducted by anthropologists?
  - A) Nursing interventions planned on the basis of age and developmental norms.
  - B) Evaluation of the understanding of risk factors based on cognitive function.
  - C) Implementation of nursing care, respectful of the individual's economic status.
  - D) Assessment of woman's ability to function successfully in her role within the family.
  
2. Which is the basis to support the need for transcultural nursing in a health care setting that serves a multicultural metropolitan community?
  - A) The nursing responsibility to provide nursing care for each client who demonstrates respect and acceptance.
  - B) The ever-expanding numbers of immigrants entering the United States requiring physical and mental health care.
  - C) The diversity seen in the values, beliefs, behaviors, as well as physical and mental characteristics of the client population.
  - D) The varying economic and social backgrounds represented in the population present unique barriers to health care delivery.
  
3. Which assessment question shows an understanding of the impact of cultural beliefs and behaviors on a client's demonstration of pain?
  - A) "Can you describe the pain you are experiencing for me?"
  - B) "Do you understand the long-term effects of chronic pain?"
  - C) "Have you ever taken medication to help control your pain?"
  - D) "How can I help you deal with the pain you are experiencing?"
  
4. Which nursing intervention demonstrates an understanding of the full scope on culturally sensitive nursing care?
  - A) When planning a teenaged focused educational program on sexuality, both homosexual and heterosexual lifestyle choices are discussed.
  - B) When assessing a recently immigrated Hispanic's ability to both speak and read the English language when preparing discharge teaching.
  - C) Including both Eastern traditional folk treatments and Western medical therapies into the care plan of a Chinese client.
  - D) Directing a discussion concerning treatment options for an Arab female toward the family's elder male members.

5. Which statement exhibits an understanding of the meaning of culturally congruent nursing care?
- A) "Care that is culturally congruent is a client right of all ethnically diverse individuals."
  - B) "I have a nursing responsibility to always provide culturally congruent nursing care."
  - C) "Providing culturally congruent nursing care offers care the client has confidence in."
  - D) "Outcomes are so much better when the care is delivered in a culturally congruent manner."
6. Which nursing intervention demonstrates one of the strengths of the transcultural nursing Theory of Culture Care Diversity and Universality?
- A) Planning treatments around the praying schedule of a Muslim client.
  - B) Encouraging a Chinese client to explain the concept of "Ying and Yang."
  - C) Assessing for stress factors affecting a Haitian client as well as her immediate family.
  - D) Evaluating the reading comprehension of a client for who English is a second language.
7. To provide better care, the interprofessional health care team relies on its members to help provide the **best** care to meet the needs of the client. Which member would be the **most** important to the client?
- A) Physician
  - B) Family
  - C) Nurse
  - D) Spiritual or traditional healer
8. Which nursing intervention demonstrates an avoidance of one of the cited criticisms of current transcultural nursing theories?
- A) Asking the Jewish client whether he or she will need a kosher diet menu
  - B) Making sure that a Catholic client's rosary beads are always within easy reach
  - C) Encouraging a German World War II veteran to talk about his military experiences
  - D) Suggesting that an obese Irish American minimize consumption of beer and potatoes

9. Which activity would **best** support the goals of transcultural nursing?
- A) A multidisciplinary research project on the effects of culture on pain management plans
  - B) Revising facility visitation policies to support cultures in which family members remain with the client
  - C) Organizing a rally to raise awareness of the need for a local free clinic to serve culturally diverse families
  - D) Providing staff education regarding the dietary traditions of both the local Jewish and Arab populations
10. Which statement demonstrates a lack of knowledge concerning the role eye contact plays in various cultures?
- A) "It's so important to maintain eye contact with the client while providing discharge teaching."
  - B) "Eye contact can be a difficult nonverbal communication to interpret from a cultural standpoint."
  - C) "I never assume a client's interest in our conversation on the basis of his or her willingness to maintain eye contact."
  - D) "Many cultures are reluctant to maintain eye contact with nonfamily members."
11. Which consideration is the basis for the selection of an interpreter for an older client who has a limited ability to speak and understand English?
- A) Younger adults are generally more understanding of American jargon and so can translate it better.
  - B) Family members are generally considered good interpreters since they share the same dialect.
  - C) The interpreter should ideally be of similar age and of the same gender as the client.
  - D) The client should be allowed to select the interpreter as a means of maintaining autonomy.
12. The emergency department in a large metropolitan city assists many clients each day from various cultures. Which would **best** present a culture challenge in developing an appropriate nursing care plan?
- A) A 34-year-old Asian gentleman who is in town for temporary work
  - B) A 15-year-old Black female athlete from the local high school with a sprained ankle
  - C) A 25-year-old Hispanic mother with an infant who just moved from the neighboring state
  - D) An 85-year-old Italian man who was brought in from the local long-term facility after a fall

13. Dr. Leininger is credited with developing ethnonursing research in the field of transcultural nursing, which has been used by many others to study relevant topics in nursing. Which is the specific research method used?
- A) Quantitative
  - B) Qualitative
  - C) Metadata
  - D) Quantitative and qualitative
14. A local hospital group is creating a local transcultural health care team to assist with the health care of the community that has seen an influx of refugees from other countries. Which will be necessary for each team member to possess to be a part of the team? (Select all that apply.)
- A) Membership in two nursing orientations whose focus is transcultural nursing care
  - B) Proof of formal academic preparation at an accredited institution
  - C) Documentation proofing a work history in facilities that serve a culturally diverse population
  - D) Appropriate licensure as required by the state
  - E) Official certification from the TCNS
15. In an effort to enhance and provide the **best** training, the Core Curriculum was developed to provide the **best** training in transcultural nursing for nurses and other members of the health care team. Which aspects of the core of knowledge are used to develop this program? (Select all that apply.)
- A) Natural science
  - B) Medicine
  - C) Philosophy
  - D) Social work
  - E) Technology

## Answer Key

1. D
2. C
3. D
4. A
5. C
6. C
7. B
8. A
9. A
10. A
11. C
12. A
13. B
14. B, D, E
15. A, B, C, D