

Chapter 1. Evolution of Nursing Thought & Action**Multiple Choice**

Identify the choice that best completes the statement or answers the question.

- _____ 1. The nurse is working in a community health-promotion clinic. Which is an example of an illness prevention activity?
1. Encouraging the use of a food diary
 2. Joining a cancer support group
 3. Administering immunization for human papillomavirus (HPV)
 4. Teaching a diabetic patient about their diet
- _____ 2. A practicing nurse is aware that continuing education courses may be required for license renewal. Which organization can require nurses to obtain a specified amount of continuing education courses?
1. American Nurses Association
 2. National League for Nursing
 3. Sigma Theta Tau
 4. State Board of Nursing
- _____ 3. An experienced nurse uses knowledge of patient medical conditions and intuition to identify patient problems. The nurse often fulfills the role of a resource for other nurses on the unit. At this point, which stage of proficiency has this nurse achieved?
1. Novice
 2. Advanced beginner
 3. Competent
 4. Expert
- _____ 4. Which statement **best** explains the importance of standards of practice in the nursing profession?
1. Nurses have the same standards of practice as other healthcare professionals.
 2. Standards of practice are applied exclusively to nurses working in hospital settings.

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3. Standards of practice identify the components nurses need to provide safe-care.
4. Standards of practice differ among registered nurses, based on the population they serve.

- _____ 5. The nursing instructor is considering becoming a member of the National League for Nursing (NLN). Which primary goal of the NLN will most strongly impact the nurse's decision to become a member?
1. Emphasizing the necessity for registered nurses to promote patient safety
 2. Establishing and maintaining identified standards for nursing education
 3. Supporting global health policies and improving health worldwide
 4. Fostering nursing scholarship, leadership, and service to improve health
- _____ 6. The nurse is providing care for a patient following a debilitating stroke. Which type of care will the nurse recognize as the **best** choice for this patient?
1. Primary care
 2. Secondary care
 3. Tertiary care
 4. Preventive care
- _____ 7. The nurse is providing care for an older adult patient in an acute care setting for various age-related health issues. When planning for discharge, the patient states concern about being able to adequately provide for health maintenance and self-care needs. Which type of facility does the nurse recognize for this patient?
1. Skilled nursing facility
 2. Assisted-living facility
 3. Nursing home facility
 4. Independent living facility
- _____ 8. The nurse understands that the most important reason for the development of a definition for the profession of nursing is that it:
1. Will result in more informed people being recruited as nurses.
 2. Is a means for evaluating the degree of role satisfaction in nurses.
 3. Helps dispel the stereotypical images about nurses and nursing.
 4. Differentiates the nursing role from those of other health professionals.

_____ 9. Which activity provides evidence-based support for the contribution made by advanced practice nurses (APNs) within healthcare?

1. Reduced use of diagnostics using advanced technology
2. Decreased number of unnecessary visits to the emergency department
3. Improved patient compliance with prescribed treatments
4. Increased use of complementary and alternative therapies

_____ 10. The nurse is providing care for a pediatric patient in an acute care facility. The patient's parents express concern about the cost of the medical care. The parents state, "We have jobs, but we don't make a lot of money and have no insurance." Which medical assistance program does the nurse recognize as being most appropriate for this family?

1. Children's Health Insurance Program (CHIP)
2. Medicare
3. Medicaid
4. Local charity

_____ 11. A nurse working in a rehabilitation facility has a physician's order to contact therapists as required by patient need. A patient has started to have difficulty with bathing and grooming. Which therapist does the nurse contact to assist the patient to regain these skills?

1. Physical therapist
2. Occupational therapist
3. Speech-language pathologist
4. Respiratory therapist

_____ 12. An older adult patient is diagnosed with type 1 diabetes mellitus. The patient can perform self-care activities but needs assistance with shopping, meal preparation, blood glucose monitoring, and insulin administration. Which type of healthcare facility is **most** appropriate for the patient?

1. Acute care facility
2. Ambulatory care facility
3. Extended care facility
4. Assisted-living facility

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- _____ 13. The nurse in the intensive care unit is providing care for only one patient, who was admitted with a diagnosis of septic shock. Based on this information, which care delivery model is this nurse following?
1. Functional
 2. Primary
 3. Case method
 4. Team
- _____ 14. The nurse is providing care for a patient who needs extensive acute care, which the patient is refusing because of financial and family stressors. Which healthcare worker does the nurse consult to counsel this patient?
1. Social worker
 2. Occupational therapist
 3. Physician's assistant
 4. Technologist
- _____ 15. Which type of managed care provides patients with the greatest choice of in-network providers, medications, and medical devices?
1. Health maintenance organization
 2. Integrated delivery network
 3. Preferred provider organization
 4. Employment-based private insurance
- _____ 16. The registered nurse is discharging a patient to an assisted-living facility. Which statement by the nurse is **most** appropriate for the patient?
1. "Therapists will work with you daily to help you regain your functional abilities."
 2. "You will be provided with 24-hour nursing care for the next 6 weeks."
 3. "Assistance with meals and housekeeping tasks is available to you."
 4. "A nurse will come to your home and provide you with nursing care."
- _____ 17. Which member of the healthcare team typically serves as the case manager?
1. Social worker
 2. Physician
 3. Physician's assistant
 4. Registered nurse

- _____ 18. The nurse works in a public health department. Which nursing function is considered a primary-care service?
1. Providing wound care
 2. Administering childhood immunizations
 3. Providing drug rehabilitation
 4. Providing outpatient hernia repair
- _____ 19. A patient who is 80 years of age is in an acute care facility because of a fractured hip resulting from a fall. Previously, the patient lived at home and managed activities of daily living independently. The patient goal is to return to the previous living style. The patient is to be discharged because of insurance regulations. If the patient cannot walk or provide self-care, to which type of facility will the patient be transferred?
1. Nursing home
 2. Rehabilitation center
 3. An outpatient therapy center
 4. None of these; they should receive home-healthcare
- _____ 20. A healthcare facility hires new nursing graduates to work on patient care units. The hired nurses come from a variety of accredited nursing programs. Additionally, applicants need to be aware of facility hiring practices based on which criteria?
1. Graduate of a nursing education program and passed the National Council Licensure Exam (NCLEX)
 2. Obtained certification permitting the administration of medications in certain healthcare settings
 3. Specifically licensed to practice in either an acute care setting or in a home environment
 4. Received advanced education and is licensed to practice under the direct supervision of a physician
- _____ 21. A nurse who has been practicing for 3 years in an acute care facility is caring for a postsurgical patient. The nurse observes an abnormal change in vital signs and associates these changes with a postoperative bleeding problem. Which level of proficiency is the nurse demonstrating?
1. Advanced beginner
 2. Competent

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3. Proficient
4. Expert

- _____ 22. In the United States, each state enacts its own nurse practice acts. Which agency is responsible for nurse practice acts?
1. American Nurses Association
 2. Institute of Medicine
 3. State Board of Nursing
 4. National League for Nursing
- _____ 23. A nurse was recently hired at an acute care facility. During orientation, the nurse is given a chart describing each person's role on the assigned unit. The chart reflects that registered nurses are responsible for all admission and discharge assessments and patient treatments. Licensed practical nurses (LPNs) administer medications, and certified nursing assistants (CNAs) obtain vital signs and perform personal care. Which model of care does the nurse recognize?
1. Case method
 2. Team
 3. Primary
 4. Functional
- _____ 24. Nurses are aware of the trends that affect contemporary nursing practice. Which trend is a primary cause for changes in the nursing profession?
1. The expected increase in the number of older adults in society
 2. The large amount of medical information that is technically accessible
 3. The increasing demands for more medical care from all aspects of society
 4. The multiple medical care expectations implemented by the government
- _____ 25. A patient is preparing to be discharged after total knee replacement. The patient tells the case manager, "I feel pretty good, but I am having a hard time getting in and out of the bathroom." Which is the **most** appropriate response by the case manager?
1. "I'll be sure to teach your family how to help you with this."
 2. "Once you are home for a while, it will get easier."
 3. "I can have a recreational therapist help you take your mind off your concerns."
 4. "An occupational therapist can be ordered to assist you in this area."

- _____ 26. An older adult patient is preparing for discharge and tells the case manager, “I don’t know what I am going to do when I get home. I cannot afford the medications the doctor has ordered for me.” Which is the **most** appropriate response by the case manager?
1. “We can have a social worker see you when you get home.”
 2. “Medications are expensive, but you will need to take them.”
 3. “I will check if some of the medications can be discontinued.”
 4. “The home-health nurse will address this when they see you.”
- _____ 27. A patient in an ambulatory clinic tells the nurse, “Every visit costs me \$10, even though I have insurance.” Which is the **most** appropriate response by the nurse?
1. “I am not involved in your insurance; you need to contact the insurance company.”
 2. “Let’s check if this is a co-payment described by your insurance plan for each visit.”
 3. “Healthcare is expensive, and insurance companies can’t pay all of the costs.”
 4. “This charge is actually part of the insurance premium that you pay monthly.”
- _____ 28. The nursing staff on a surgical unit expresses to the manager concerns about not having enough time to complete all wound care and dressing changes. Which is the **initial** action the manager takes?
1. Decrease the patient-to-nurse ratio within budget limits
 2. Offer an in-service session on time-management strategies
 3. Suggest a continuing quality improvement committee to assess the issue
 4. Report the concerns to the director of nurses at the next management meeting

Multiple Response

Identify one or more choices that best complete the statement or answer the question.

- _____ 29. Which activities indicate the implementation of direct nursing care? Select all that apply.
1. Bathing a patient
 2. Administering a medication
 3. Teaching a patient to change a wound dressing
 4. Making work assignments for the shift
 5. Evaluating patient progression toward goals

- _____ 30. Which actions by the nurse are considered “skilled nursing care”? Select all that apply.
1. Changing a wound dressing
 2. Assisting with bathing and grooming
 3. Monitoring intravenous (IV) antibiotic administration
 4. Teaching a patient how to use a blood glucose monitor
 5. Helping a patient to get dressed
- _____ 31. To reflect the changes in healthcare and nurses’ expanded roles, the International Council of Nurses revised the definition of *nursing*. Which statements are consistent with the revised definition of *nursing*? Select all that apply.
1. Nursing encompasses the autonomous and collaborative care of others.
 2. Nursing includes the care of ill, disabled, and dying people.
 3. Nursing is involved in shaping health policy and system management.
 4. Nursing involves the use of the nursing process to plan care.
 5. Nursing requires knowledge regarding the process of nursing education.
- _____ 32. According to the American Nurses Association, which statements best describe the characteristics of registered nursing? Select all that apply.
1. Nursing practice is individualized.
 2. Nursing practice is similar to medical practice.
 3. Caring is central to the practice of the registered nurse.
 4. Nurses coordinate care by establishing partnerships.
 5. Nurses promote health through political involvement.
- _____ 33. The field of nursing has struggled to prove that nursing is a profession. Which strategies to improve the status of nursing will promote professionalism? Select all that apply.
1. Standardizing the educational requirements for entry into practice
 2. Mandating uniform continuing education requirements for licensure
 3. Guaranteeing that all nurses will obtain employment upon graduation
 4. Encouraging participation of nurses in professional organizations
 5. Educating the public about the true nature of nursing practice

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- _____ 34. Each U.S. state has its own state board of nursing responsible for protecting the health, safety, and welfare of the general public. The state boards of nursing meet these responsibilities by performing which functions? Select all that apply.
1. Advocating for nursing student issues
 2. Determining the nurse's scope of practice
 3. Enforcing the rules that govern nursing
 4. Writing the laws that regulate nursing
 5. Regulating the number of licensed nurses
- _____ 35. The nurse is preparing a presentation for nursing students about the processes of thinking and implementation that apply to nursing. Which topics will the nurse include? Select all that apply.
1. Critical thinking
 2. Pain evaluation
 3. Clinical judgment
 4. Problem-solving
 5. Sterile technique

Completion

Complete each statement.

36. _____ is a health program, administered by the state and funded by federal and state governments, to provide care for low-income people.
37. _____ is a federal insurance program designed to fund healthcare for people age 65 years and older, persons with disabilities, and those with end-stage renal disease.

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Answer Section

MULTIPLE CHOICE

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1. ANS: 3

Chapter: Chapter 1: Evolution of Nursing Thought & Action

Objective: Name and recognize the four purposes of nursing care.

Page: 1

Heading: Nursing and Illness Prevention

Integrated Processes: Teaching and Learning

Client Need: Health Promotion and Maintenance

Cognitive Level: Application [Applying]

Concept: Health Promotion

Difficulty: Moderate

	Feedback
1	This is incorrect. Illness-prevention activities focus on avoiding a specific disease. Keeping a food diary is a health-promotion activity.
2	This is incorrect. Although cancer is a disease, it is assumed that a person joining a support group would already have the disease; therefore, it would be treatment and not disease prevention.
3	This is correct. Administering an immunization for HPV is an example of illness prevention.
4	This is incorrect. Teaching a diabetic patient about diet is a treatment for diabetes; the patient already has diabetes, so the teaching cannot prevent diabetes.

PTS: 1

CON: Health Promotion

2. ANS: 4

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Objective: Explain how nursing practice is regulated.

Page: 5

Heading: Continuing Education

Integrated Processes: Teaching and Learning

Client Need: Health Promotion and Maintenance

Cognitive Level: Application [Applying]

Concept: Professionalism

Difficulty: Moderate

	Feedback
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