

Chapter 1. Your Professional Identity

Questions

Multiple Choice

1. Before preparing a teaching tool on wound care, the nurse reviews several research articles on the topic. Which characteristic of a profession is the nurse demonstrating?

1. Exerting authority
2. Validating a theory
3. Using a knowledge base
4. Following a code of ethics

Answer: _____

2. The nurse prepares to assess participants attending a community health fair by first reviewing characteristics, ages, and occupations of the attendees. On which concept within the metaparadigm of nursing is the nurse focusing?

1. Health
2. Nursing
3. Environment
4. Human beings

Answer: _____

3. The nurse is responsible for planning and evaluating the care for a specific group of patients. Which competency is the nurse demonstrating when participating in a weekly care conference with other care providers to discuss the patients' goals and outcomes?

1. Patient-centered care
2. Evidence-based practice
3. Apply quality improvement.
4. Work in interdisciplinary teams

Answer: _____

4. The nurse attends an educational seminar that focuses on the characteristics of a profession. Which characteristic should the nurse identify that addresses the formal and informal groups within the profession?

1. Authority
2. Code of ethics
3. Professional culture
4. Community sanction

Answer: _____

5. The nurse believes that nursing is a profession that identifies and addresses patient needs in order to promote maximum health and comfort. In which way should this belief be characterized?

1. Mission
2. Philosophy
3. Ethical code
4. Competency

Answer: _____

6. The nurse works full-time and attends baccalaureate nursing courses in the evening three days a week. Which personal factor might be jeopardized by the nurse's work and school schedule?

1. Hours and fatigue
2. Social obligations
3. Health and fitness
4. Course requirements

Answer: _____

7. The nurse is enrolled in a baccalaureate nursing course. What should the nurse do before preparing resources to successfully complete this course?

1. Purchase the textbook
2. Read the course description
3. Analyze personal learning style
4. Sign up for a voluntary study group

Answer: _____

Multiple Response

8. The nurse is reviewing the characteristics of a profession. In which way does the community sanction nursing practice? (Select all that apply.)

1. Statutes
2. Rules and regulations
3. Definitions of practice
4. Continuity in the profession
5. Expectations for practitioners

Answer: _____

9. The nurse is completing a personal practice evaluation. On which area should the nurse focus when evaluating professional practice? (Select all that apply.)

1. Certification
2. Code of ethics
3. Job description
4. Scope of practice
5. Consumer evaluation

Answer: _____

10. The nurse receives a notice for a continuing education seminar. Which should be analyzed to determine if the seminar will contribute to the nurse's level of competency? (Select all that apply.)

1. Self-evaluation
2. Self-assessment
3. Patient outcomes
4. Ongoing learning
5. Research analysis

Answer: _____

11. The nurse is preparing a teaching tool on the standards for professional performance. Which standard should the nurse include? (Select all that apply.)

1. Leadership
2. Collaboration
3. Consumerism

- 4. Communication
- 5. Resource utilization

Answer: _____

12. The nurse is participating on an organization's quality improvement committee. On which rule of quality healthcare should the committee focus? (Select all that apply.)

- 1. Waste is continuously decreased.
- 2. Personal safety is the first priority.
- 3. The patient is the source of control.
- 4. Decision making is evidence-based.
- 5. Cooperation among clinicians is a priority.

Answer: _____

13. The nurse reviews the different courses within a master's degree in nursing program. Which should the nurse expect to be a core focus of this program? (Select all that apply.)

- 1. Health policy and advocacy
- 2. Quality improvement and safety
- 3. Informatics and healthcare technologies
- 4. Scholarship for evidence-based practice
- 5. Professionalism and professional values

Answer: _____

14. The nurse enrolls in a baccalaureate nursing course that focuses on clinical prevention and population health. What should the nurse expect to do to learn the information? (Select all that apply.)

- 1. Recall the information
- 2. Critically analyze the information
- 3. Determine if the information is ethical
- 4. Use the information in a similar situation
- 5. Incorporate the information into the value system

Answer: _____

15. The nurse plans a learning program to focus on the affective domain. Which characteristic should the nurse measure to determine the effectiveness of this program? (Select all that apply.)

1. Values
2. Feelings
3. Attitudes
4. Knowledge
5. Thought processes

Answer: _____

Questions, Answers, and Rationales

Multiple Choice

1. Before preparing a teaching tool on wound care, the nurse reviews several research articles on the topic. Which characteristic of a profession is the nurse demonstrating?

1. Exerting authority
2. Validating a theory
3. Using a knowledge base
4. Following a code of ethics

ANS: 3

Page: 9-10

	Feedback
1.	This is incorrect. Authority gives the professional the knowledge and skills to make professional judgments and is the basis for the competence the patient perceives and the patient-professional relationship. However authority is not demonstrated when reviewing articles before creating a teaching tool.
2.	This is incorrect. Validating a theory would involve conducting additional studies in efforts to replicate the results. Reviewing research articles before creating a teaching tool does not demonstrate theory validation.
3.	This is correct. A profession is guided by systematic theory which serves as the foundation for its knowledge base. Reviewing research articles on a specific topic demonstrates that the nurse uses validated information to create the teaching tool.
4.	This is incorrect. A professional abides by a certain code of ethics applicable to the practice area. Developed within the profession, the code addresses general ethical practice issues as well as professional personal and practice values, and colleague relationships. Reviewing material on a health problem before creating a teaching tool does not demonstrate a code of ethics.

2. The nurse prepares to assess participants attending a community health fair by first reviewing characteristics, ages, and occupations of the attendees. On which concept within the metaparadigm of nursing is the nurse focusing?

1. Health
2. Nursing
3. Environment
4. Human beings

ANS: 4

Page: 3-4

	Feedback
1.	This is incorrect. The concept of health focuses on a particular type of nursing and specific care needed.
2.	This is incorrect. The concept of nursing is defined by activities, goals, and services
3.	This is incorrect. The concept of environment includes the physical, social, cultural, spiritual, and emotional climate or setting(s) in which the person lives, works, plays, and interacts.
4.	This is correct. The concept of human beings focuses on the individual, family, group, or community receiving care, and the unique characteristics of each population.

3. The nurse is responsible for planning and evaluating the care for a specific group of patients. Which competency is the nurse demonstrating when participating in a weekly care conference with other care providers to discuss the patients' goals and outcomes?

1. Patient-centered care
2. Evidence-based practice
3. Apply quality improvement
4. Work in interdisciplinary teams

ANS: 4

Page: 5

	Feedback
1.	This is incorrect. There are five core competencies required of all health professions to advance a vision for the education of all health professionals. Patient-centered care means that the care focuses on the needs and desires of the patient.
2.	This is incorrect. There are five core competencies required of all health professions to advance a vision for the education of all health professionals. Evidence-based practice means that care provided is grounded and validated by research.
3.	This is incorrect. There are five core competencies required of all health professions to advance a vision for the education of all health professionals. Applying quality

	improvement means that care and outcomes are analyzed for areas to improve.
4.	This is correct. There are five core competencies required of all health professions to advance a vision for the education of all health professionals. Participating in care conferences with other care providers demonstrates working in interdisciplinary teams.

4. The nurse attends an educational seminar that focuses on the characteristics of a profession. Which characteristic should the nurse identify that addresses the formal and informal groups within the profession?

1. Authority
2. Code of ethics
3. Professional culture
4. Community sanction

ANS: 3

Page: 5-6

	Feedback
1.	This is incorrect. Authority occurs through education and experience, which give the professional the knowledge and skills to make professional judgments.
2.	This is incorrect. A professional abides by a certain code of ethics applicable to the practice area. Developed within the profession, the code addresses general ethical practice issues as well as professional personal and practice values, and colleague relationships.
3.	This is correct. A professional culture is described as the formal and informal groups represented in the profession.
4.	This is incorrect. Professional and legal regulation of nursing practice as a community sanction occurs through statutes, rules and regulations, definition of practice, and expectations for practitioners.

5. The nurse believes that nursing is a profession that identifies and addresses patient needs in order to promote maximum health and comfort. In which way should this belief be characterized?

1. Mission
2. Philosophy
3. Ethical code
4. Competency

ANS: 2

Page: 12-14

	Feedback
1.	This is incorrect. A mission statement identifies the overall goal of an organization.
2.	This is correct. A philosophy of nursing presents a particular professional nurse's belief system or worldview of nursing—the nurse's personal definition of nursing.
3.	This is incorrect. A code of ethics addresses general ethical practice issues as well as professional personal and practice values, and colleague relationships.
4.	This is incorrect. Competent practice requires ongoing learning, continuing education, and continued competency.

6. The nurse works full-time and attends baccalaureate nursing courses in the evening three days a week. Which personal factor might be jeopardized by the nurse's work and school schedule?

1. Hours and fatigue
2. Social obligations
3. Health and fitness
4. Course requirements

ANS: 3

Page: 12-14

	Feedback
1.	This is incorrect. Hours and fatigue are factors to consider for work.
2.	This is incorrect. Social obligations is a factor to consider for family.
3.	This is correct. Health and fitness is a personal factor that might be jeopardized by the nurse's work and school schedule.
4.	This is incorrect. Course requirements is a factor to consider for the school or college.

7. The nurse is enrolled in a baccalaureate nursing course. What should the nurse do before preparing resources to successfully complete this course?

1. Purchase the textbook
2. Read the course description
3. Analyze personal learning style
4. Sign up for a voluntary study group

ANS: 3

Page: 4

	Feedback
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1.	This is incorrect. Purchasing the textbook would be obtaining a specific resource for the course.
2.	This is incorrect. Reading the course description would be completed before enrolling in the course.
3.	This is correct. Learning style is the way a person best perceives, thinks, organizes, uses, and retains knowledge. Once the learning style is identified, then the resources needed to capitalize on personal assets can be identified and obtained.
4.	This is incorrect. Study groups are not for everyone and can be time wasters if the group does not support the personal learning style.

Multiple Response

8. The nurse is reviewing the characteristics of a profession. In which way does the community sanction nursing practice? (Select all that apply.)

1. Statutes
2. Rules and regulations
3. Definitions of practice
4. Continuity in the profession
5. Expectations for practitioners

ANS: 1, 2, 3, 5

Page: 4

	Feedback
1.	This is correct. Professional and legal regulation of nursing practice as a community sanction occurs through statutes.
2.	This is correct. Professional and legal regulation of nursing practice as a community sanction occurs through rules and regulations.
3.	This is correct. Professional and legal regulation of nursing practice as a community sanction occurs through definitions of practice.
4.	This is incorrect. Continuity in the profession is granted through licensure and professional practice parameters dictated in the state practice acts.
5.	This is correct. Professional and legal regulation of nursing practice as a community sanction occurs through expectations for practitioners.

9. The nurse is completing a personal practice evaluation. On which area should the nurse focus when evaluating professional practice? (Select all that apply.)

1. Certification
2. Code of ethics
3. Job description

4. Scope of practice
5. Consumer evaluation

ANS: 1, 2, 3, 4

Page: 10-11

	Feedback
1.	This is correct. Professional practice evaluation includes self-regulation through personal accountability for the knowledge base for practice and participation in the peer review process. Professional regulation involves upholding quality standards that have been critically analyzed for outcomes. Certification is an area to focus when analyzing professional regulation.
2.	This is correct. Professional practice evaluation includes self-regulation through personal accountability for the knowledge base for practice and participation in the peer review process. Professional regulation involves upholding quality standards that have been critically analyzed for outcomes. Code of ethics is an area to focus when analyzing professional regulation.
3.	This is correct. Professional practice evaluation includes self-regulation through personal accountability for the knowledge base for practice and participation in the peer review process. Professional regulation involves upholding quality standards that have been critically analyzed for outcomes. The job description is an area to focus when analyzing self-regulation.
4.	This is correct. Professional practice evaluation includes self-regulation through personal accountability for the knowledge base for practice and participation in the peer review process. Professional regulation involves upholding quality standards that have been critically analyzed for outcomes. Scope of practice is an area to focus when analyzing professional regulation.
5.	This is incorrect. Professional practice evaluation includes self-regulation through personal accountability for the knowledge base for practice and participation in the peer review process. Professional regulation involves upholding quality standards that have been critically analyzed for outcomes. Consumer evaluations are not used to analyze self or professional regulation.

10. The nurse receives a notice for a continuing education seminar. Which should be analyzed to determine if the seminar will contribute to the nurse's level of competency? (Select all that apply.)

1. Self-evaluation
2. Self-assessment
3. Patient outcomes
4. Ongoing learning
5. Research analysis

ANS: 1, 2, 4

Page: 10-11

	Feedback
1.	This is correct. Identifying learning and developmental needs is an expectation and a continual process for competent professional practice. Continuing education for competency involves self-evaluation.
2.	This is correct. Identifying learning and developmental needs is an expectation and a continual process for competent professional practice. Continuing education for competency involves self-assessment.
3.	This is incorrect. Analysis of patient outcomes is performed to determine the quality of practice.
4.	This is correct. Identifying learning and developmental needs is an expectation and a continual process for competent professional practice. Continuing education for competency involves ongoing learning.
5.	This is incorrect. Research analysis is an action within evidence-based practice.

11. The nurse is preparing a teaching tool on the standards for professional performance. Which standard should the nurse include? (Select all that apply.)

1. Leadership
2. Collaboration
3. Consumerism
4. Communication
5. Resource utilization

ANS: 1, 2, 4, 5

Page: 10

	Feedback
1.	This is correct. The standards for professional performance include ethics, culturally congruent practice, communication, collaboration, leadership, education, evidence-based practice and research, quality of practice, professional practice evaluation, resource utilization, and environmental health.
2.	This is correct. The standards for professional performance include ethics, culturally congruent practice, communication, collaboration, leadership, education, evidence-based practice and research, quality of practice, professional practice evaluation, resource utilization, and environmental health.
3.	This is incorrect. This is correct. The standards for professional performance include ethics, culturally congruent practice, communication, collaboration, leadership, education, evidence-based practice and research, quality of practice, professional practice evaluation, resource utilization, and environmental health. Consumerism is not a standard for professional performance.
4.	This is correct. The standards for professional performance include ethics, culturally congruent practice, communication, collaboration, leadership, education, evidence-

	based practice and research, quality of practice, professional practice evaluation, resource utilization, and environmental health.
5.	This is correct. The standards for professional performance include ethics, culturally congruent practice, communication, collaboration, leadership, education, evidence-based practice and research, quality of practice, professional practice evaluation, resource utilization, and environmental health.

12. The nurse is participating on an organization's quality improvement committee. On which rule of quality healthcare should the committee focus? (Select all that apply.)

1. Waste is continuously decreased.
2. Personal safety is the first priority.
3. The patient is the source of control.
4. Decision making is evidence-based.
5. Cooperation among clinicians is a priority.

ANS: 1, 3, 4, 5

Page: 10

	Feedback
1.	This is correct. The 2001 report from the IOM, <i>Crossing the Quality Chasm</i> , proposed ten rules for quality healthcare in the 21st century which includes the continuous reduction of waste.
2.	This is incorrect. The 2001 report from the IOM, <i>Crossing the Quality Chasm</i> , proposed ten rules for quality healthcare in the 21st century. One of these rules is safety is a system property. Personal safety is not the first priority in quality healthcare.
3.	This is correct. The 2001 report from the IOM, <i>Crossing the Quality Chasm</i> , proposed ten rules for quality healthcare in the 21st century which includes the patient as being the source of control.
4.	This is correct. The 2001 report from the IOM, <i>Crossing the Quality Chasm</i> , proposed ten rules for quality healthcare in the 21st century which includes evidence-based decision making.
5.	This is correct. The 2001 report from the IOM, <i>Crossing the Quality Chasm</i> , proposed ten rules for quality healthcare in the 21st century which includes cooperation among clinicians as a priority.

13. The nurse reviews the different courses within a master's degree in nursing program. Which should the nurse expect to be a core focus of this program? (Select all that apply.)

1. Health policy and advocacy
2. Quality improvement and safety

3. Informatics and healthcare technologies
4. Scholarship for evidence-based practice
5. Professionalism and professional values

ANS: 1, 2, 3

Page: 12-13

	Feedback
1.	This is correct. Health policy and advocacy is identified as an essential of a master's education in nursing.
2.	This is correct. Quality improvement and safety is identified as an essential of a master's education in nursing.
3.	This is correct. Informatics and healthcare technologies is identified as an essential of a master's education in nursing.
4.	This is incorrect. Scholarship for evidence-based practice is identified as an essential of baccalaureate education for professional nursing practice.
5.	This is incorrect. Professionalism and professional values is identified as an essential of baccalaureate education for professional nursing practice.

14. The nurse enrolls in a baccalaureate nursing course that focuses on clinical prevention and population health. What should the nurse expect to do to learn the information? (Select all that apply.)

1. Recall the information
2. Critically analyze the information
3. Determine if the information is ethical
4. Use the information in a similar situation
5. Incorporate the information into the value system

ANS: 1, 2, 4, 5

Page: 13

	Feedback
1.	This is correct. Learning is the perception and assimilation of the information presented. Learning leads to knowledge and includes recalling the information.
2.	This is correct. Learning is the perception and assimilation of the information presented. Learning leads to knowledge and includes critically analyzing the information.
3.	This is incorrect. Learning is the perception and assimilation of the information presented. Learning does not include determining if the information is ethical.
4.	This is correct. Learning is the perception and assimilation of the information presented. Learning leads to knowledge and includes using the information in a similar situation.
5.	This is correct. Learning is the perception and assimilation of the information

	presented. Learning leads to knowledge and includes incorporating the information into the value system.
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15. The nurse plans a learning program to focus on the affective domain. Which characteristic should the nurse measure to determine the effectiveness of this program? (Select all that apply.)

1. Values
2. Feelings
3. Attitudes
4. Knowledge
5. Thought processes

ANS: 1, 2, 3

Page: 14

	Feedback
1.	This is correct. The affective domain includes the impact of learning on personal values.
2.	This is correct. The affective domain includes the impact of learning on personal feelings.
3.	This is correct. The affective domain includes the impact of learning on personal attitudes.
4.	This is incorrect. The cognitive domain involves knowledge within an individual's intellectual ability.
5.	This is incorrect. The cognitive domain involves thought processes within an individual's intellectual ability.