

Catalano

## Chapter 1: The Growth of Nursing

### Questions

1. Nurses are often the primary, and frequently the only, defendants named when errors are made that result in injury to the client. This is due to which concept associated with the nursing profession?

1. Autonomy
2. Accountability
3. Precision
4. Specificity

Answer: \_\_\_\_\_

2. If a nurse uses information from research as the basis for making decisions about providing care, this nurse is engaging in which type of practice?

1. Client-based practice
2. Physician-based practice
3. Evidence-based practice
4. Provider-based practice

Answer: \_\_\_\_\_

3. Today's nurses are often found in remote and often hostile areas, providing care for the sick and dying, working 12-hour shifts, being on call, and working rotating shifts. This is why nursing is universally known as which type of profession?

1. Altruistic
2. Synergistic

3. Optimistic

4. Pragmatic

Answer: \_\_\_\_\_

4. With Florence Nightingale's radically new idea about a separate educational setting for nurses, the nursing profession took its first steps toward which of the following?

1. Autonomy

2. Accountability

3. Precision

4. Specificity

Answer: \_\_\_\_\_

5. If an advanced practice nurse is prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems, this nurse is acting in which advanced practice role?

1. Nurse practitioner

2. Certified nurse midwife

3. Clinical nurse specialist

4. Case manager

Answer: \_\_\_\_\_

6. If an advanced practice nurse focuses on the care of pregnant women before, during, and after the birth process, this nurse is acting in which advanced practice role?

1. Nurse practitioner

2. Certified nurse midwife

3. Clinical nurse specialist

4. Case manager

Answer: \_\_\_\_\_

7. If an advanced practice nurse is comfortable working in high-tech environments with seriously ill individuals and their families, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

Answer: \_\_\_\_\_

8. If an advanced practice nurse functions to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

Answer: \_\_\_\_\_

9. If a nurse taking action to perform the activities that promote patient care, this nurse is acting with which of the following?

1. Power
2. Control
3. Authority
4. Empowerment

Answer: \_\_\_\_\_

10. Although the client likely would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities, he or she cooperates because the nurse has a good relationship with the client; this is an example of which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

Answer: \_\_\_\_\_

11. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses demonstrate which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

Answer: \_\_\_\_\_

12. If a nurse employs the underlying principles in the process of behavior modification, the nurse is utilizing which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Power of rewards

Answer: \_\_\_\_\_

13. If a nurse uses which type of power, it can destroy therapeutic and personal relationships, and it can also be considered unethical and even illegal in certain situations?

1. Referent power
2. Expert power
3. Coercive power
4. Power of rewards

Answer: \_\_\_\_\_

14. Nursing decisions made about client care can come only from individuals who have which source of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

Answer: \_\_\_\_\_

15. The first, and certainly the most important, way in which nurses can gain power in all areas is through which action?

1. Professional unity
2. Political activity
3. Accountability and professionalism
4. Networking

Answer: \_\_\_\_\_

Questions, Answers, and Rationales

1. Nurses are often the primary, and frequently the only, defendants named when errors are made that result in injury to the client. This is due to which concept associated with the nursing profession?

1. Autonomy
2. Accountability
3. Precision
4. Specificity

ANS: 2

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	Feedback
1.	This is incorrect. The autonomous nature of the nursing profession has no impact on nurses acting as defendants in court cases.
2.	This is correct. Nurses must be accountable and demonstrate a high level of responsibility for the care and services they provide.
3.	This is incorrect. The precision in which nurses must practice has no impact on nurses acting as defendants in court cases.
4.	This is incorrect. The specificity in which nurses must practice has no impact on nurses acting as defendants in court cases.

2. If a nurse uses information from research as the basis for making decisions about providing care, this nurse is engaging in which type of practice?

1. Client-based practice
2. Physician-based practice
3. Evidence-based practice
4. Provider-based practice

ANS: 3

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	Feedback
1.	This is incorrect. Client-based care does not use information from research as the basis for making decisions.
2.	This is incorrect. Physician-based care does not use information from research as the basis for making decisions.
3.	This is correct. Evidence-based care uses information from research as the basis for making decisions.
4.	This is incorrect. Provider-based care does not use information from research as the basis for making decisions.

3. Today's nurses are often found in remote and often hostile areas, providing care for the sick and dying, working 12-hour shifts, being on call, and working rotating shifts. This is why nursing is universally known as which type of profession?

1. Altruistic
2. Synergistic
3. Optimistic

4. Pragmatic

ANS: 1

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	Feedback
1.	This is correct. Nursing has been viewed universally as an altruistic profession composed of selfless individuals who place the lives and well-being of their clients above their personal safety.
2.	This is incorrect. Nursing is not viewed universally as a synergistic profession.
3.	This is incorrect. Nursing is not viewed universally as an optimistic profession.
4.	This is incorrect. Nursing is not viewed universally as a pragmatic profession.

4. With Florence Nightingale's radically new idea about a separate educational setting for nurses, the nursing profession took its first steps toward which of the following?

1. Autonomy
2. Accountability
3. Precision
4. Specificity

ANS: 1

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	Feedback
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1.	This is correct. The nursing profession took its first steps toward autonomy of practice with Florence Nightingale's radically new idea about a separate educational setting for nurses.
2.	This is incorrect. Nightingale's radically new idea about a separate educational setting for nurses did not lead to accountability.
3.	This is incorrect. Nightingale's radically new idea about a separate educational setting for nurses did not lead to precision.
4.	This is incorrect. Nightingale's radically new idea about a separate educational setting for nurses did not lead to specificity.

5. If an advanced practice nurse is prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

ANS: 1

Page: 00

	Feedback
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1.	This is correct. Nurse practitioners are prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems
2.	This is incorrect. Certified nurse midwives are not prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems.
3.	This is incorrect. Clinical nurse specialists are not prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems.
4.	This is incorrect. Case managers are not prepared to provide direct client care in primary care settings, focusing on health promotion, illness prevention, early diagnosis, and treatment of common health problems.

6. If an advanced practice nurse focuses on the care of pregnant women before, during, and after the birth process, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

ANS: 2

Page: 00

	Feedback
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1.	This is incorrect. Nurse practitioners do not focus on the care of pregnant women before, during, and after the birth process
2.	This is correct. Certified nurse midwives focus on the care of pregnant women before, during, and after the birth process.
3.	This is incorrect. Clinical nurse specialists do not focus on the care of pregnant women before, during, and after the birth process.
4.	This is incorrect. Case managers do not focus on the care of pregnant women before, during, and after the birth process.

7. If an advanced practice nurse is comfortable working in high-tech environments with seriously ill individuals and their families, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

ANS: 3

Page: 00

	Feedback
1.	This is incorrect. Nurse practitioners are generally not comfortable working in high-tech environments with seriously ill individuals and their families.

2.	This is incorrect. Certified nurse midwives are generally not comfortable working in high-tech environments with seriously ill individuals and their families.
3.	This is correct. Certified nurse specialists are comfortable working in high-tech environments with seriously ill individuals and their families.
4.	This is incorrect. Case managers are generally not comfortable working in high-tech environments with seriously ill individuals and their families.

8. If an advanced practice nurse functions to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services, this nurse is acting in which advanced practice role?

1. Nurse practitioner
2. Certified nurse midwife
3. Clinical nurse specialist
4. Case manager

ANS: 4

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	Feedback
1.	This is incorrect. Nurse practitioners do not function to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services.

2.	This is incorrect. Certified nurse midwives do not function to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services.
3.	This is incorrect. Clinical nurse specialists do not function to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services.
4.	This is correct. Case managers function to coordinate services for clients with high-risk or long-term health problems who require access to the full continuum of health-care services.

9. If a nurse taking action to perform the activities that promote patient care, this nurse is acting with which of the following?

1. Power
2. Control
3. Authority
4. Empowerment

ANS: 4

Page: 00

	Feedback
1.	This is incorrect. Power is best defined as the ability or capacity to exert influence over another person or group of persons.
2.	This is incorrect. Control is associated with power and authority.

3.	This is incorrect. Authority is associated with power and control.
4.	This is correct. Empowerment helps the nurse to take action and perform those activities that promote patient care.

10. Although the client likely would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities, he or she cooperates because the nurse has a good relationship with the client; this is an example of which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

ANS: 1

Page: 00

	Feedback
1.	This is correct. A client who would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities yet cooperates because the nurse has a good relationship with him or her is an example of referent power.
2.	This is incorrect. A client who would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities yet cooperates because the nurse has a good relationship with him or her is not an example of expert power.

3.	This is incorrect. A client who would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities yet cooperates because the nurse has a good relationship with him or her is not an example of coercive power.
4.	This is incorrect. A client who would prefer to avoid taking medications, tolerating uncomfortable treatments, and participating in demanding activities yet cooperates because the nurse has a good relationship with him or her is not an example of legitimate power.

11. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses demonstrate which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

ANS: 2

Page: 00

	Feedback
1.	This is incorrect. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses do not demonstrate referent power.

2.	This is correct. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses demonstrate expert power.
3.	This is incorrect. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses do not demonstrate coercive power.
4.	This is incorrect. By demonstrating their knowledge of the client's condition, recent laboratory tests, and other elements that are vital to the client's recovery, nurses do not demonstrate legitimate power.

12. If a nurse employs the underlying principles in the process of behavior modification, the nurse is utilizing which type of power?

1. Referent power
2. Expert power
3. Coercive power
4. Power of rewards

ANS: 4

Page: 00

	Feedback
1.	This is incorrect. If a nurse employs the underlying principles in the process of behavior modification, the nurse is not utilizing referent power.



2.	This is incorrect. If a nurse employs the underlying principles in the process of behavior modification, the nurse is not utilizing expert power.
3.	This is incorrect. If a nurse employs the underlying principles in the process of behavior modification, the nurse is not utilizing coercive power.
4.	This is correct. If a nurse employs the underlying principles in the process of behavior modification, the nurse is utilizing power of rewards.

13. If a nurse uses which type of power, it can destroy therapeutic and personal relationships, and it can also be considered unethical and even illegal in certain situations?

1. Referent power
2. Expert power
3. Coercive power
4. Power of rewards

ANS: 3

Page: 00

	Feedback
1.	This is incorrect. Referent power does not destroy therapeutic and personal relationships and is not considered unethical or illegal.
2.	This is incorrect. Expert power does not destroy therapeutic and personal relationships and is not considered unethical or illegal.

3.	This is correct. If a nurse uses coercive power, it can destroy therapeutic and personal relationships, and it can also be considered unethical and even illegal in certain situations.
4.	This is incorrect. Power of rewards does not destroy therapeutic and personal relationships and is not considered unethical or illegal.

14. Nursing decisions made about client care can come only from individuals who have which source of power?

1. Referent power
2. Expert power
3. Coercive power
4. Legitimate power

ANS: 4

Page: 00

	Feedback
1.	This is incorrect. Referent power does not allow nursing decisions to be made about client care
2.	This is incorrect. Expert power does not allow nursing decisions to be made about client care
3.	This is incorrect. Coercive power does not allow nursing decisions to be made about client care.

- |    |                                                                                                                     |
|----|---------------------------------------------------------------------------------------------------------------------|
| 4. | This is correct. Nursing decisions made about client care can come from only individuals who have legitimate power. |
|----|---------------------------------------------------------------------------------------------------------------------|

15. The first, and certainly the most important, way in which nurses can gain power in all areas is through which action?

1. Professional unity
2. Political activity
3. Accountability and professionalism
4. Networking

ANS: 1

Page: 00

	Feedback
1.	This is correct. The first, and certainly the most important, way in which nurses can gain power in all areas is through professional unity.
2.	This is incorrect. Political activity is not the most important way in which nurses can gain power in all areas.
3.	This is incorrect. Accountability and professionalism are not the most important way in which nurses can gain power in all areas.
4.	This is incorrect. Networking is not the most important way in which nurses can gain power in all areas.