

## Chapter 1: Transcultural Caring Dynamics in Nursing and Health Care

### Multiple Choice

*Identify the choice that best completes the statement or answers the question.*

1. As the dean of a major nursing college, which of the following would you consider to be a top priority when planning future strategic initiatives?
  - A. Recruitment of culturally diverse registered nursing students
  - B. Overhaul of curriculum that increases the amount of transcultural awareness
  - C. Development of assessment tools for transcultural communicative caring for use in clinical practice
  - D. Recognition of cultural diversity as a core value of the nursing profession
  
2. \_\_\_\_\_ and awareness propel nurses to engage in transcultural caring practices that demonstrate moral responsibility, cultural relevancy, and innovation in the care of people within complex organizational systems and nation-states.
  - A. Conceptualization
  - B. Self-reflection
  - C. Sensitivity
  - D. Knowing
  
3. A 14-year-old patient has been recovering from a sports-related injury in a pediatric bridge hospital for 3 weeks. Lately you notice that the patient is becoming withdrawn and often talks about his friends and what he's missing. Both parents work full-time during the day, and visits from friends are becoming few and far between. How could you use your understanding of transcultural caring to help this patient?
  - A. Alter the patient's daily schedule to decrease the boredom experienced during the day.
  - B. Discuss your concerns with the family and suggest they visit more often.
  - C. Offer to pray with and for the patient to strengthen connection to the universal source.
  - D. Allow for use of electronic devices and encourage the patient to maintain contact with his friends and family through social media platforms.
  
4. A student is writing a report that illustrates the aesthetic ways of knowing. What title would the student choose to show understanding of this orientation?
  - A. "What I Know About Nursing"
  - B. "The Art of Nursing"
  - C. "Current Research in the Nursing Profession"
  - D. "Solving Moral Dilemmas in Nursing"

5. The Miller family is struggling to decide on a course of care for their elderly father. The care plan coordinator suggests that the nurse caring for the father review the Transcultural Caring Dynamics in Nursing and Health Care Theoretical Model to determine the most helpful aspect of the model to guide their discussion with the family. What aspect or approach would you choose in order have the most effective interaction?
- A. The explanatory aspect
  - B. The representative aspect
  - C. The operational aspect
  - D. The illustrative aspect
6. Sarah was assigned to do a self-reflection exercise on her multicultural self. To complete this assignment, Sarah should look at her gender, race, culture, and religion. What other concepts could Sarah examine?
- A. Values, opinions, spiritual beliefs, and nationality
  - B. Sexual orientation, socioeconomic class, and disability
  - C. Ability to care, degrees awarded, and clothing preferences
  - D. Number of children, languages spoken, and overall health status
7. In the context of Transcultural Caring Dynamics in Nursing and Health Care, a matrix of information that embodies elements of a discipline of knowledge is known as \_\_\_\_\_.
- A. A paradigm
  - B. A dimension
  - C. An aspect
  - D. A dynamic
8. How would you organize transcultural caring dynamics in terms of the sciences of complexity?
- A. Universal sources of beliefs and values across all cultures
  - B. Sociocultural, political, economic, technological, legal, and educational contexts
  - C. Values, honoring the good and respect for persons, human and cultural rights
  - D. Human environment, interconnectedness, dynamism, holography, and chaos

### Multiple Response

*Identify one or more choices that best complete the statement or answer the question.*

9. Which is a cause of negative health consequences that exacerbate serious health concerns? (Select all that apply.)
- A. Genetic engineering
  - B. Alternative health care
  - C. Panethnicity
  - D. Geopolitical strife
  - E. International travel
10. Mary is an RN who works at Red Bud County Hospital. The rural county is home to 34,000 citizens. The racial breakdown is as follows: 32,000 Caucasian/white, 600 African American/black, 500 Hispanic/Latino, 300 biracial, and 200 Asian. Mary and her husband Jeff have lived in Red Bud County all their lives, but that was about to change. Jeff, a lieutenant in the Air Force, has received new orders and will be stationed at Osan Air Base in South Korea. Wanting to continue working in a hospital, Mary seeks information about the area hospitals, as the base does not have its own facility. How could Mary apply what she learned about the operational cultural aspect when preparing for this move? (Select all that apply.)
- A. Mary can use the principles of the operational cultural aspect because it contains materials that all cultures can appreciate.
  - B. Mary can use only the operational cultural aspect as it is the most holistic.
  - C. Mary can use the operational aspect to guide her understanding to co-create choices.
  - D. Mary can use the operational cultural aspect to assist her patients for the best possible future.
  - E. Mary can use the operational cultural aspect to determine the significance of the structural information.
11. While reviewing for a persuasive presentation on nursing paradigms, Richard has chosen to argue that the human-environment totality paradigm is the best nursing paradigm to guide nursing practice. What elements of this paradigm should Richard choose to change the minds of his classmates? (Select all that apply.)
- A. The human-environment totality paradigm is the most common view.
  - B. People are biological, psychological, social, and spiritual and, thus, are systems.
  - C. People must live in a mutual, rhythmical, and co-creative interchange with the environment.
  - D. Humans relate to a static environment randomly and cannot be manipulated.
  - E. Human energy fields are identified by pattern and interaction with the larger whole.
12. How would you show your understanding of the meaning of transcultural spiritual-ethical caring? (Select all that apply.)
- A. Clarifying the complexities of interactive processes

- B. Mediating care as an advocate for the patient
- C. Being responsible for the other person regardless of their religious beliefs
- D. Designing nursing care plans within hospitals and communities
- E. Adhering to the concepts of the holographic theory

13. Transcultural caring is defined as: (Select all that apply.)

- A. The dynamic interrelationship between culture and identity
- B. Love as compassion and response to suffering and need
- C. The relationship between charity and right action
- D. Justice or fairness of doing what ought to be done within the dynamics of culture
- E. A philosophy that allows interconnectedness

14. What approach would be used to practice transcultural nursing? (Select all that apply.)

- A. Understand transcultural caring
- B. Develop a knowledge of complexity science
- C. Develop self-reflective awareness
- D. Meet physiological needs first, followed by personal growth and esteem
- E. Be influenced by people who share diverse cultural human experiences

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### Multiple Choice

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  - A. Recruitment of culturally diverse registered nursing students
  - B. Overhaul of curriculum that increases the amount of transcultural awareness
  - C. Development of assessment tools for transcultural communicative caring for use in clinical practice
  - D. Recognition of cultural diversity as a core value of the nursing profession

ANS: A

Page: 7

	Feedback
A.	Correct. Despite the fact that by the year 2042, the U.S. Census Bureau projects that the nation will become much more diverse and minorities will become the majority, the majority of registered nurses are Caucasian.
B.	Incorrect. Cultural awareness is already a major part of nursing curriculum.
C.	Incorrect. This would not be an appropriate action for a college dean.
D.	Incorrect. Since 2007, the American Academy of Nursing and both American and Canadian Associations of Colleges and Schools of Nursing have recognized that respect for cultural diversity must be a core value.

2. \_\_\_\_\_ and awareness propel nurses to engage in transcultural caring practices that demonstrate moral responsibility, cultural relevancy, and innovation in the care of people within complex organizational systems and nation-states.
  - A. Conceptualization
  - B. Self-reflection
  - C. Sensitivity
  - D. Knowing

ANS: B

Page: 9

	Feedback
A.	Incorrect. Conceptualization refers to an idea or a notion as it relates to nursing care.
B.	Correct. Self-reflection and awareness propel nurses to engage in transcultural caring practices that demonstrate moral responsibility, cultural relevancy, and innovation in the care of people within complex organizational systems and nation-states.

C.	Incorrect. Sensitivity does not necessarily result in transcultural nursing care.
D.	Incorrect. Knowing in and of itself does not result in transcultural nursing care.

3. A 14-year-old patient has been recovering from a sports-related injury in a pediatric bridge hospital for 3 weeks. Lately you notice that the patient is becoming withdrawn and often talks about his friends and what he's missing. Both parents work full-time during the day, and visits from friends are becoming few and far between. How could you use your understanding of transcultural caring to help this patient?
- A. Alter the patient's daily schedule to decrease the boredom experienced during the day.
  - B. Discuss your concerns with the family and suggest they visit more often.
  - C. Offer to pray with and for the patient to strengthen connection to the universal source.
  - D. Allow for use of electronic devices and encourage the patient to maintain contact with his friends and family through social media platforms.

ANS: D

Page: 11

	Feedback
A.	Incorrect. Altering the schedule may work as a temporary solution, but does not address the issue expressed by the patient.
B.	Incorrect. While informing the family is a viable intervention, it will not change the feelings of isolation the patient is describing.
C.	Incorrect. Although the transcultural caring model includes universal sources as a dimension, the information provided does not indicate the patient's belief system.
D.	Correct. Transcultural caring is the process of relationship and interconnectedness. The feeling of disconnection is problematic for any patient, and is particularly difficult for a 14-year-old member of Generation Z. The use of social media platforms will help the patient stay "virtually" connected to friends and family.

4. A student is writing a report that illustrates the aesthetic ways of knowing. What title would the student choose to show understanding of this orientation?
- A. "What I Know About Nursing"
  - B. "The Art of Nursing"
  - C. "Current Research in the Nursing Profession"
  - D. "Solving Moral Dilemmas in Nursing"

ANS: B

Page: 17

	Feedback
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A.	Incorrect. "What I Know About Nursing" would reflect the personal ways of knowing.
B.	Correct. The Aesthetic way of knowing encompasses artistic knowledge or the art of nursing.
C.	Incorrect. "Current Research" would indicate the report was about empirical, or scientific knowledge.
D.	Incorrect. "Solving Moral Dilemmas" says that the report is about moral knowledge.

5. The Miller family is struggling to decide on a course of care for their elderly father. The care plan coordinator suggests that the nurse caring for the father review the Transcultural Caring Dynamics in Nursing and Health Care Theoretical Model to determine the most helpful aspect of the model to guide their discussion with the family. What aspect or approach would you choose in order have the most effective interaction?
- A. The explanatory aspect
  - B. The representative aspect
  - C. The operational aspect
  - D. The illustrative aspect

ANS: C

Page: 23

	Feedback
A.	Incorrect. This model helps professionals gain the knowledge needed to understand personal and relational culture and multiculturalism and their effects on choices and choice-making.
B.	Incorrect. This model is incorrect because there is nothing to indicate that the Miller family or the nurse are of different cultures. It contains material that all cultures can appreciate because each culture can respond to the significance of the structural information, the essence of caring, transcultural ethics, transcultural context and universal sources.
C.	Correct. The operational aspect guides understanding, meaning, and behavior to co-create choices and the best possible future in the nurse-patient/family/community relationship in given transcultural situations.
D.	Incorrect. Illustrative is a term used interchangeably with representative.

6. Sarah was assigned to do a self-reflection exercise on her multicultural self. To complete this assignment, Sarah should look at her gender, race, culture, and religion. What other concepts could Sarah examine?
- A. Values, opinions, spiritual beliefs, and nationality
  - B. Sexual orientation, socioeconomic class, and disability

- C. Ability to care, degrees awarded, and clothing preferences  
D. Number of children, languages spoken, and overall health status

ANS: B

Page: 16

	Feedback
A.	Incorrect. Values, opinions, spiritual beliefs, and nationality are not all concepts associated with examining the multicultural self.
B.	Correct. Gender, race, ethnicity, panethnicity, culture, religion, generation, sexual orientation, socioeconomic class, disability and professional roles are all concepts that should be looked at when attempting to understand the multicultural self.
C.	Incorrect. Ability to care, degrees awarded, and clothing preferences are not concepts associated with examining the multicultural self.
D.	Incorrect. Number of children, languages spoken, and overall health status are not concepts associated with examining the multicultural self.

7. In the context of Transcultural Caring Dynamics in Nursing and Health Care, a matrix of information that embodies elements of a discipline of knowledge is known as \_\_\_\_\_.
- A. A paradigm  
B. A dimension  
C. An aspect  
D. A dynamic

ANS: A

Page: 17

	Feedback
A.	Correct. A paradigm is a set of basic assumptions about the world, and in science a paradigm refers to a matrix of information that embodies elements of a discipline of knowledge.
B.	Incorrect. Dimensions describe the essence of caring, transcultural caring ethics, transcultural context, and universal sources.
C.	Incorrect. In the context of this chapter, aspects are referring to the explanatory, representational and operational aspects of the cultural model.
D.	Incorrect. Dynamic, in terms of chapter 1, references the redefinition of cultures as they incorporate or insulate outside influences.

8. How would you organize transcultural caring dynamics in terms of the sciences of complexity?
- A. Universal sources of beliefs and values across all cultures



- B. Sociocultural, political, economic, technological, legal, and educational contexts
- C. Values, honoring the good and respect for persons, human and cultural rights
- D. Human environment, interconnectedness, dynamism, holography, and chaos

ANS: D

Page: 5

	Feedback
A.	Incorrect. This describes the dominant constructs of spirituality or religions.
B.	Incorrect. This describes the dominant constructs of the social sciences.
C.	Incorrect. This describes the dominant constructs of transcultural ethics.
D.	Correct. This describes the dominant constructs of the sciences of complexity

### Multiple Response

*Identify one or more choices that best complete the statement or answer the question.*

9. Which is a cause of negative health consequences that exacerbate serious health concerns? (Select all that apply.)
- A. Genetic engineering
  - B. Alternative health care
  - C. Panethnicity
  - D. Geopolitical strife
  - E. International travel

ANS: A, D, E

Page: 8

	Feedback
A.	Correct. Characteristics of genetic engineering pose serious health concerns that are exacerbated by globalization.
B.	Incorrect. What was once shunned as “quack medicine” is now viewed by some Western health-care practitioners as viable and meaningful.
C.	Incorrect. Panethnicity refers to the dynamic interrelationship between culture and identity that reflects the notion of many intersecting “co-ethnics” and evolving intercultural patterns or multi-cultural/post-multicultural frames of reference of people who share complex transcultural and sociopolitical experiences in the global community.
D.	Correct. Geopolitical strife poses serious health concerns that are exacerbated by globalization.
E.	Correct. Global spread due to travel poses serious health concerns that are exacerbated by globalization.

10. Mary is an RN who works at Red Bud County Hospital. The rural county is home to 34,000 citizens. The racial breakdown is as follows: 32,000 Caucasian/white, 600 African American/black, 500 Hispanic/Latino, 300 biracial, and 200 Asian. Mary and her husband Jeff have lived in Red Bud County all their lives, but that was about to change. Jeff, a lieutenant in the Air Force, has received new orders and will be stationed at Osan Air Base in South Korea. Wanting to continue working in a hospital, Mary seeks information about the area hospitals, as the base does not have its’ own facility. How could Mary apply what she learned about the operational cultural aspect when preparing for this move? (Select all that apply.)
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  - B. Mary can use only the operational cultural aspect as it is the most holistic.
  - C. Mary can use the operational aspect to guide her understanding to co-create choices.
  - D. Mary can use the operational cultural aspect to assist her patients for the best possible future.

E. Mary can use the operational cultural aspect to determine the significance of the structural information.

ANS: C, D

Page: 23

	Feedback
A.	Incorrect. The representative aspect contains materials that all cultures can appreciate.
B.	Incorrect. Overall the theoretical model presents a holistic, complex, and dynamic approach to understanding personal and professional culture and facilitating transcultural choice-making in nursing and health care.
C.	Correct. The operational cultural aspect allows for the co-creation of choices.
D.	Correct. Using the operational cultural aspect can assist Mary in helping patients make decisions for the best possible future.
E.	Incorrect. The representative aspect contains material that all cultures can appreciate because each culture can respond to the significance of the structural information, the essence of caring, transcultural ethics, transcultural context, and universal sources.

11. While reviewing for a persuasive presentation on nursing paradigms, Richard has chosen to argue that the human-environment totality paradigm is the best nursing paradigm to guide nursing practice. What elements of this paradigm should Richard choose to change the minds of his classmates? (Select all that apply.)

- A. The human-environment totality paradigm is the most common view.
- B. People are biological, psychological, social, and spiritual and, thus, are systems.
- C. People must live in a mutual, rhythmical, and co-creative interchange with the environment.
- D. Humans relate to a static environment randomly and cannot be manipulated.
- E. Human energy fields are identified by pattern and interaction with the larger whole

ANS: A, B

Page: 17

	Feedback
A.	Correct. Human-environment totality paradigm is the most common view.
B.	Correct. Human-environment totality states that people are biological, psychological, social, and spiritual organisms and, thus, are systems.
C.	Incorrect. This statement would represent the simultaneity paradigm.
D.	Incorrect. This statement is a false representation of the human-environment totality paradigm.
E.	Incorrect. This statement would represent the unitary-transformative (UT) paradigm.

12. How would you show your understanding of the meaning of transcultural spiritual-ethical caring? (Select all that apply.)
- A. Clarifying the complexities of interactive processes
  - B. Mediating care as an advocate for the patient
  - C. Being responsible for the other person regardless of their religious beliefs
  - D. Designing nursing care plans within hospitals and communities
  - E. Adhering to the concepts of the holographic theory

ANS: B, C, D

Page: 22

	Feedback
A.	Incorrect. This statement describes the complexity of the interactive and communicative processes.
B.	Correct. By mediating care, the nurse is demonstrating understanding of transcultural spiritual-ethical caring.
C.	Correct. By being responsible for the other person regardless of their belief system is demonstrating understanding of transcultural spiritual-ethical caring.
D.	Correct. By designing nursing care plans within hospitals and communities, you are demonstrating understanding of transcultural spiritual-ethical caring.
E.	Incorrect. The holographic theory shows the integrated whole and its parts.

13. Transcultural caring is defined as (Select all that apply.)
- A. The dynamic interrelationship between culture and identity
  - B. Love as compassion and response to suffering and need
  - C. The relationship between charity and right action
  - D. Justice or fairness of doing what ought to be done within the dynamics of culture
  - E. A philosophy that allows interconnectedness

ANS: B, C, D

Page: 10

	Feedback
A.	Incorrect. This is the definition of panethnicity.
B.	Correct. Transcultural caring can be defined as love as compassion and response to suffering and need.
C.	Correct. Transcultural caring can be defined as the relationship between charity and right action.
D.	Correct. Transcultural caring can be defined as justice or fairness of doing what ought to be done within the dynamics of culture.
E.	Incorrect. This is a fundamental assumption of caring.

14. What approach would be used to practice transcultural nursing? (Select all that apply.)

- A. Understand transcultural caring
- B. Develop a knowledge of complexity science
- C. Develop self-reflective awareness
- D. Meet physiological needs first, followed by personal growth and esteem
- E. Be influenced by people who share diverse cultural human experiences

ANS: A, B, C, E

Page: 20

	Feedback
A.	Correct. To practice transcultural nursing, nurses must first understand transcultural caring.
B.	Correct. To practice transcultural nursing, nurses must have a knowledge of complexity science.
C.	Correct. To practice transcultural nursing, nurses must develop self-reflective awareness.
D.	Incorrect. This refers to Maslow's Hierarchy of Needs, and specifically the fact that physiological needs must be met first followed by personal growth and esteem needs.
E.	Correct. To practice transcultural nursing, nurses must be influenced by people who share diverse cultural human experiences.