

**Chapter 01: The Evolution of Professional Nursing**  
**Cherry and Jacob: Contemporary Nursing: Issues, Trends, and Management, 8th Edition**

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**MULTIPLE CHOICE**

1. What accomplishment is Clara Barton best known for?
  - a. Becoming the first black public health nurse
  - b. Establishing the Henry Street Settlement
  - c. Founding the American Red Cross
  - d. Publicizing the inadequacies of hospital-based nursing schools

ANS: C

The American Red Cross was founded by Clara Barton in 1882, to be of assistance in efforts to provide supplies to the battlefields and hospitals. Barton also sets up a postwar service to find missing soldiers.

DIF: Knowledge

2. Students are assigned to write to their state leaders about an issue affecting their community. One student writes about the need among rural community for greater access to acute care services. Which piece of legislation should the student use as a reference?
  - a. Social Security Act
  - b. Hill-Burton Act
  - c. Sheppard-Towner Act
  - d. U.S. Civil Service Act

ANS: B

The purpose of the Hill-Burton Act was to provide funding to construct hospitals and to help states in plan for other health care facilities in accordance with the needs of communities.

DIF: Knowledge

3. The practice of public health nursing and the Henry Street Settlement are credited to
  - a. Mary Breckenridge.
  - b. Mary Seacole.
  - c. Clara Barton.
  - d. Lillian Wald.

ANS: D

Lillian Wald, a pioneer in public health nursing, is best known for the development and establishment of the Henry Street Settlement.

DIF: Knowledge

4. Occupational health nursing features beliefs similar to those of which early nursing pioneer?
  - a. Lillian Wald
  - b. Florence Nightingale
  - c. Clara Barton
  - d. Mary Seacole

ANS: A

Lillian Wald was a pioneer in public health nursing, and is best known for the development and establishment of the first viable practice for public health nurses.

DIF: Comprehension

5. What historical event *first* led to the recognition of the contribution of blacks to nursing?
  - a. Florence Nightingale's acceptance of black nurses into the first nursing school
  - b. The contributions of black nurses at the Pennsylvania Hospital, the first hospital in America
  - c. Mary Williams and Frances Rose are listed as nurses in the *City of Baltimore Directory*.
  - d. The work done by wives of wealthy black nobles who carried food and medicine from house to house during the Middle Ages

ANS: C

1840—Two black women, Mary Williams and Frances Rose, who founded Nursing Sisters of the Holy Cross, are listed as nurses in the City of Baltimore Directory.

DIF: Comprehension

6. World War I contributed to the advancement of health care by
  - a. increasing the number of private care hospitals and decreasing the role of public health services.
  - b. employing a large number of civilians to provide care to returning soldiers through the Red Cross.
  - c. introducing specialists in nursing such as nurse anesthetists.
  - d. increasing the number of community health nurses.

ANS: C

World War I offered nurses a chance to enter new fields of specialization, as is seen in the example of nurse anesthetists, who became part of surgical teams at the front lines.

DIF: Comprehension

7. What was an original purpose of the Social Security Act of 1935?
  - a. Increase research that focused on minority groups
  - b. Provide medical care for chemically impaired persons
  - c. Ensure health care for older adults through a national insurance system
  - d. Decrease the public's financial burden by limiting services offered by local health departments

ANS: C

By providing health insurance for older adults, the Social Security Act of 1935 set the precedent for the passage of the Medicare and Medicaid Acts that followed in 1965, but the act also provided maternal and child welfare services, rehabilitation for the mentally and physically challenged, medical care for blind individuals and crippled children, and unemployment benefits.

DIF: Comprehension

8. A client asks the nurse, “Can you explain the amendment to the Social Security Act called Title XVIII to me?” The nurse demonstrates an understanding of this legislation when providing what response?
- It led to many hospital closings, along with a decrease in acute care hospital-based nursing care.
  - It provided medical insurance to those younger adults or children who were not eligible for private insurance because of catastrophic illnesses such as cancer.
  - It provided preventive care for women, infants, and children.
  - It ensured that individuals with end-stage renal disease had health care insurance.

ANS: D

The Medicare program provides hospital insurance, Part A, and medical insurance, Part B, to all people aged 65 and older who are eligible to receive Social Security benefits; people with total, permanent disabilities; and people with end-stage renal disease.

DIF: Comprehension

9. A comparison of nursing in the 1980s to nursing in the 1990s reveals what factor that contributes to health care as we know it today?
- In the 1990s nursing experienced a significant reduction occurred in preventable diseases caused by unsafe/unhealthy lifestyles.
  - Tuberculosis was the primary concern for nursing in the 1980s, whereas the AIDS epidemic emerged and was its focus during the 1990s.
  - A decrease in ambulatory services in the 1980s prompted an increase in public health nurses in the 1990s.
  - The demand for advanced practice nurses increased in the 1980s and the 1990s because of the economy and concern about the health of the nation.

ANS: D

The numbers of advanced nurse practitioners increased as evidence of their cost-effectiveness as providers of primary and preventive health care became established.

DIF: Comprehension

10. Which statement accurately describes the historical perspective of nursing practice?
- Nursing has existed to meet the needs of populations, individuals, and aggregates by providing care that is determined by the needs and beliefs of society in different historical contexts.
  - As men began to become interested in nursing, it changed into a respected profession based on scientific fact rather than superstition.
  - Nursing has historically accepted individuals from all social and ethnic backgrounds.
  - The United States has led the way throughout history to advance nursing and health care by providing the first hospital and medical school.

ANS: A

Nursing has existed since biblical times to address needs ranging from contagious diseases in early times to health prevention in the present time, with care based on health needs and beliefs of the time.

DIF: Comprehension

11. The use of herbs, which has become a popular alternative to prescription drugs in today's health care milieu, had roots originating when?
- Prehistoric times and the Middle Ages
  - Civil War period and World War I
  - Renaissance and Reformation periods and the Colonial American period
  - Crimean War and Civil War periods

ANS: A

During prehistoric times, tribes used herbs to rid themselves of disease; in the Middle Ages, women used herbs. This practice has continued to today.

DIF: Comprehension

12. A care provider sacrifices an animal and waves an herb-filled sack over a client who is complaining of painful joints and chest pain with exertion. This ritual represents health care during what time period?
- The prehistoric period
  - Early civilization in Egypt
  - The European Renaissance
  - The Middle Ages in Asia and Africa

ANS: A

During prehistoric times, illness was thought to be caused by evil spirits that providers attempted to scare away through rituals and dances.

DIF: Comprehension

13. A prospective nursing student who researches universities that offer a baccalaureate degree in nursing would want to ensure that the program is accredited by what agency?
- American Nurses Association
  - Commission on Collegiate Nursing Education
  - National Institutes of Health
  - National Nursing Council

ANS: B

The Commission on Collegiate Nursing Education (CCNE) is the agency that exclusively accredits baccalaureate and graduate-degree nursing programs.

DIF: Comprehension

14. Nursing in the 1990s was characterized by what health care focus?
- Men leaving nursing to enter the armed services
  - Traditional 8-hour shifts to nurse burnout and compassion fatigue
  - Identifying health promotion associated with preventable diseases
  - Managing runaway health care costs

ANS: C

Health promotion and disease prevention were recognized as the means to reduce the high number of mortalities associated with preventable diseases—*Healthy People 2000* was published as a nationwide effort to reduce preventable deaths.

DIF: Comprehension

15. A nurse is part of the policy committee for a hospital. The committee is provided with statistics indicating that patients participating in a satisfaction survey felt they lacked sufficient information about new drugs started while hospitalized and continued after discharge. In addition, charts noted high recidivism rates. The committee recommended that a formalized patient education plan be instituted to reconcile all medications and provide patient information about new medications. The committee is using which component of the Institute of Medicine (IOM) 2011 message?
- Nurses should achieve higher levels of education to be effective members of an interdisciplinary team.
  - Nurses should have a minimum of a master's degree to sit on policy committees that affect an entire facility.
  - Pay for nurses should be consistent with that of physicians since the committee is interdisciplinary.
  - Policy is based on data, which provides the groundwork for decision making.

ANS: D

The IOM report initiatives include effective workforce planning and policymaking based on better data collection and improved infrastructure.

DIF: Application

16. What was the stated goal of the Affordable Care Act of 2011?
- Requiring that by 2020 all newly licensed nurses have a bachelor's degree at minimum
  - Provide health care benefits to millions who were previously uninsurable or unable to afford insurance
  - Cap the amount that hospitals and physicians can charge for procedures
  - Subsidizes private insurance companies, thereby reducing health care costs for the chronically ill

ANS: B

It is anticipated that the ACA (2011) will make insurance coverage possible for millions who have previously not had insurance or had been denied insurance.

DIF: Comprehension

17. It has been said that "history repeats itself because no one was listening the first time." Which statement is true when comparing the nursing care provided in the Civil War (1861 to 1865) to that provided during the Crimean War?
- Epidemics such as smallpox and typhoid were the primary emphasis of nursing care in both wars.
  - Soldiers were housed in substandard conditions, but due to Nightingale's push for sanitary conditions, in the Civil War soldiers were housed in aseptic conditions.
  - Black nurses were widely accepted by society and the profession, receiving equal compensation during the Civil War due in large part to the efforts of Mary Seacole during the Crimean War.
  - Both Nightingale (Crimean War) and Dix (Civil War) completed nursing training before accepting positions as nurses in the wars.